

Forever Young

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Improver
編舞者: Fonna Queentarina (INA) - June 2021
音樂: Forever Young (DJ Soltrix Bachata Remix) - Becky Hill



S1: Side, Together, Side, Hip bump, Hip bump, Hip bump

- 1 - 2 Step R to side, Step L together
- 3 - 4 Step R to side, Touch L with Hip Bump
- 5 - 6 Step L in place, Touch R with Hip Bump
- 7 - 8 Step R in Place, Touch L with Hip Bump

S2: Rolling Vine, Hip bump, Hip bump

- 1 - 2 ¼ turn left stepping L forward, ½ turn left stepping R back
- 3 - 4 ¼ turn right stepping L to side, Touch R beside L
- 5 - 6 Step R in place, Touch L with Hip bump
- 7 - 8 Step L in place, Touch R with Hip bump

S3: Basic Bachata back, forward, touch, back, touch

- 1 - 4 Step R back, Step L back, Step R back, touch L together
- 5 - 8 Step L forward, Touch R together, Step R back, Touch L together

S4: Basic Bachata forward, touch, forward touch

- 1 - 4 Step L forward, step R forward step L forward touch R together
- 5 - 8 Step R forward touch L together, step L back, touch R together

S5: K Step

- 1 - 4 R diagonal forward, L touch beside R, L diagonal back, R touch beside L
- 5 - 8 R diagonal back, L touch beside R, L diagonal forward, R touch beside L

S6: Rocking chair, paddle turn forward Turn ¼ left in place, paddle turn forward turn ¼ left in place

- 1 - 2 Step R forward, Recover on L
- 3 - 4 Step R back, recover on L
- 5 - 6 Step R forward with Hip roll, turn ¼ left step L in place
- 7 - 8 Step R forward with Hip roll, turn ¼ left step L in place

S7: Basic Bachata (R & L)

- 1 - 4 Step R to side, step L together, step R to side, touch L together
- 5 - 8 Step L to side, step R together, Step L to side, touch R together

S8: Jazzbox, Hip bump, Hip bump

- 1 - 4 Step R forward, step L back, step R to side, step L beside R
- 5 - 8 Hip bump R - L, Hip bump R - L

Restart On Wall 2 & Wall 6 After 32 Count

Tag 2 Count After Wall 3

KEEP HEALTHY & ENJOY THE DANCE.

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