

# Starting Over

**COPPER KNOB**  
STEPSHETS

拍數: 0      牆數: 0      級數: Phrased Intermediate  
編舞者: Antonella Fedi (IT) - June 2021  
音樂: Starting Over - Chris Stapleton



Sequence: A,A,B,B,A(56),A,A,B,B,A,A(30) TAG, B,B,A,A(56) FINAL

## PARTE A

### STEP, STEP, POINT, STEP, POINT, POINT, POINT, TOUCH

1-2-3-4      Right step fwd, left step fwd, point right toe to right, right step fwd  
5-6-7-8      Point left toe to left-fwd-left, touch left beside right

### STEP, POINT, BACK, KICK, SLOW COASTER STEP, SCUFF

1-2-3-4      Left step fwd, point right toe behind left, right step back, left kick fwd  
5-6-7-8      Left step back, right beside left, left step fwd, right scuff

### STEP, TURN, TOE, TURN, HEEL, TURN, STEP, TURN

1-2-3-4      Right step fwd, turn ½ left, turn ½ left and point right toe back, drop right heel to floor  
5-6-7-8      Turn ½ left and left heel fwd, drop left toe to floor, right step fwd, turn ½ left

### STEP-LOCK-STEP, HOLD, OUT, OUT, BACK, HOLD

1-2-3-4      Right lock step (R-L-R), hold  
5-6-7-8      Left step fwd diagonally to left, right step fwd diagonally to right, cross left behind right, hold

### LOCK-STEP-BACK, HOLD, ROCK STEP, TURN, SCUFF

1-2-3-4      Right lock back (R-L-R), hold  
5-6-7-8      Turn ½ left and left rock step fwd, recover on right, turn ½ left and left step fwd, right scuff

## VAUDEVILLE, VAUDEVILLE

1-2-3-4      Right vaudeville steps  
5-6-7-8      Left vaudeville steps

### ROCK STEP, BACK, HOLD, SLOW COASTER STEP, STOMP

1-2-3-4      Right rock step, recover on left, right step back, hold  
5-6-7-8      Left step back, right beside left, left step fwd, right stomp together

### GRAPEVINE RIGHT, HOOK, GRAPEVINE LEFT, TURN

1-2-3-4      Right to right, cross left behind right, right to right, left hook behind right  
5-6-7-8      Left to left, cross right behind left, left to left, turn ½ right and right hook over left

## PARTE B

### CROSS, KICK, CROSS, KICK, ROCK BACK, CROSS, KICK (jumping)

1-2      Cross right over left and left hook behind right, left step back and right kick fwd  
3-4      Cross right over left and left hook behind right, left step back and right kick fwd  
5-6      Right rock back, recover on left  
7-8      Cross right over left and left hook behind right, left step back and right kick fwd

### CROSS, KICK, KICK, CROSS, ROCK BACK, STOMP, STOMP (jumping)

1-2      Cross right over left and left hook behind right, left step back and right kick fwd  
3-4      Step right to right and kick left fwd, cross left over right  
5-6      Right rock back, recover on left  
7-8      Right stomp beside left (2 times)

**RESTART:**

**At 3rd A: Restart after 56 counts.**

**TAG & RESTART**

**At 7th A after 30 counts TAG: 31-32 Turn ½ left and left step fwd, right scuff.**

**Then RESTART with part B**

**FINAL: At the last A after 56 counts: Cross right over left, turn ½ left.**

**HAVE FUN !!**

---