

Beer 10

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: High Improver
編舞者: Josiane Tara Vicini (FR), Nancy Langsberg (BEL), Rob Fowler (ES) & I.C.E. (ES)
- June 2021
音樂: Beer:10 - Alan Jackson



Intro: 16 counts (approx. 7 secs) (No Tags or Restarts)

S1: R Kick diag Fwd, Behind, Side, Cross, L Kick diag Fwd, Behind, Side, Cross

1-2-3-4 R kick diagonal fwd, R cross behind L, step L to L side, R cross over L

5-6-7-8 L kick diagonal fwd, L cross behind R, step R to R side, L cross over R

S2: Stomp R Fwd Toe In, Out, In, Centre, Stomp L Fwd Toe In, Out, In, Centre

1-2 Stomp R fwd pointing R toe In, fan R toe out

3-4 Fan R toe in, fan R toe to centre and transfer weight on to R

5-6 Stomp L fwd pointing L toe in, fan L toe out

7-8 Fan L toe in, fan L toe to centre and transfer weight on to L

S3: R Heel grind 1/4, R Rock back, R Step, L Brush, L step, R brush

1-2 Rock fwd on R heel twisting R toe from L to R making 1/4 turn R, recover on L (3:00)

3-4 R rock back, recover on L

5-6-7-8 Step R fwd, L brush, step L fwd, R brush

S4: R rocking chair, Dwights Travelling To R

1-2-3-4 R rock fwd, recover on L, R rock back, recover on L

5-6 Swivel L heel to R while touching R toe beside L (R knee bent towards L), swivel L toes to R while touching R heel beside L (point R toes to R)

7-8 Swivel L heel to R while touching R toe beside L (R knee bent towards L), swivel L toes to centre while touching R heel beside L (point R toes to R)

S5: Modified Monterey 1/4 R, R point R, R step back, L point L, hold

1-2 Point R to R side, make 1/4 turn R stepping R next to L (6:00)

3-4 Point L to L side, L step back

5-6-7-8 R point R to R side, R step back, L point L to L side, hold

S6: L cross over, R step R, L sailor step, R cross behind, 1/4 L, R scuff

1-2 L cross over R, R step to R side

3-4-5-6 L cross behind R, R step to R side, L step to L diag fwd, R cross behind L

7-8 1/4 turn to L stepping L fwd, R scuff (3:00)

S7: K step with clap

1-2 Step R diag fwd R, touch L next to R and clap

3-4 Step L diag back L, touch R next to L and clap

5-6 Step R diag back R, touch L next to R and clap

7-8 Step L diag fwd L, step R next to L and clap

S8: Twists to R, hold, Twists to L, R stomp up

1-2-3-4 Twist both heels to R, twist toes to R, twist both heels to R, hold

5-6-7-8 Twist both heels to L, twist toes to L, twist both heels to L, R stomp up

Start over

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