

This is Me

拍數: 24 牆數: 4 級數: Beginner
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音樂: This Is Me - Keala Settle



Intro: 16 count

INTRO x 3 + 4 count hold

ROCK STEP R / SHUFFLE R BACK / ROCK STEP L BACK / SHUFFLE L FORWARD

1-2 step right forward - recover
3&4 step right back - together - step right back
5-6 step left back- recover
7&8 step left forward - together - step left forward

ROCK SIDE R / CROSS SHUFFLE / ROCK SIDE L / CROSS SHUFFLE

1-2 step right side - recover
3&4 cross over right - together left - cross over right
5-6 step left side - recover
7&8 cross over left - together right - cross over left

PART A

(1) ROCK SIDE R / WEAVE / ROCK SIDE L / WEAVE

1-2 step right side - recover
3&4 cross right behind left, step left to right side, cross right over left
5-6 step left side - recover
7&8 cross left behind right, step right to left side, cross left over right

(2) ROCK STEP R / SHUFFLE R ½ TURN / STEP TURN / PIVOT

1-2 step right forward - recover
3&4 step right ½ turn - together - step right forward
5-6 step left forward - ½ turn (weight on right)
7-8 step left ½ turn - step right ½ turn

(3) ROCK STEP L / COASTER STEP / JAZZ BOX ¼ TURN

1-2 step left forward - recover
3&4 Step back left, step right next to left, step left forward
5-6 cross over right - step left back ¼ turn
7-8 step right side - together

after 9° wall repeat Intro: 16 count + 8 count + 2 count hold