

Radha

拍數: 80 牆數: 4 級數: Phrased Intermediate
編舞者: Winardi (INA) - June 2021
音樂: Radha - Vishal & Shekhar, Shekhar Ravjiani, Shreya Ghoshal, Udit Narayan & Vishal Dadlani



Intro. : 48 Counts

Sequence. : A BBBB Tag1-A(16C) Tag2 - A Tag2 - BB AA(16C) BB A Tag3 - BBB

A(48 Counts)

A.1. Toe Touch, Heel Touch, Coaster Step

- 1 - 2. Touch RF toe in diagonal, touch RF heel forward
- 3 & 4. Step RF back, close LF next to RF, step RF forward
- 5 - 6. Touch LF toe in diagonal, touch LF heel forward
- 7 & 8. Step LF back, close RF next to LF, step LF forward

A.2. Forward, Pivot 1/2 turn Left, Lock shuffle, rock recover coaster step

- 1 - 2. Step RF forward, pivot ½ turn left weight on LF
- 3 & 4. Step RF forward, cross LF behind RF, step RF forward
- 5 - 6. Rock RF forward, Recover on LF
- 7 & 8. Step LF back, close RF next to LF, step LF forward

A.3. Botafogo (2x), Cross Volta

- 1 & 2. Cross RF over LF, Rock LF to left side, recover on RF
- 3 & 4. Cross LF over RF, Rock RF to right side, recover on LF
- 5&6& Cross RF over LF, step LF to L cross RF over LF, step LF to L
- 7 & 8. Cross RF over, step LF to L cross RF over LF

A.4. Side Recover Cross, ¼ Turn Left step back, Toe forward (2x)

- 1 - 2. Rock LF side, recover on RF
- 3 & 4. Cross LF over RF, ¼ turn L step RF back, step LF side L
- 5 - 6. Touch R to forward over LF, step RF beside LF
- 7 - 8. Touch L to forward over RF, step LF beside RF

A.5. & A.6. Heel Grind, ¼ turn step back, Coaster step, forward recover Pivot ½ turn Left, Lock shuffle

- 1 - 2. Cross RF heel over LF Grind Heel ¼ turn Right step back on LF
- 3 & 4. Step LF back, close RF next to LF, step LF forward
- 5 - 6. Rock LF forward, recover on RF
- 7 & 8. Pivot ½ turn L step LF forward, cross RF behind LF, step LF forward

B (32 Counts)

B.1. V step, Step Forward, pivot ½ turn L, Lock Shuffle Forward

- 1 - 2. Step RF forward diagonal, step Step LF to Left
- 3 - 4. Step RF back, step LF together
- 5 - 6. Step RF forward, pivot ½ turn Left on weight on LF
- 7 & 8. Step LF forward, cross RF behind LF, step LF forward

B.2. Step Forward, ¼ turn R recover on RF, Cross shuffle, Side Rock, Behind Side Cross

- 1 - 2. Step LF forward, ¼ turn Right recover on RF
- 3 & 4. Cross LF over RF, step RF to R cross LF over RF
- 5 - 6. Rock RF to Right, recover on LF
- 7 & 8. Cross RF behind LF, step LF to Left, step RF forward R

B.3. Step Forward, ¼ turn R, Cross Touch. Jazz Box ¼ turn R

- 1 - 2. Step LF forward, ¼ turn R on recover RF
- 3 - 4. Cross LF over RF , touch RF to R
- 5 - 6. Cross RF over LF, step back on LF with ¼ turn R
- 7 - 8. Step RF side to R, step LF forward

B.4. Lock Shuffle Forward (2x), Rocking Chair

- 1 & 2. Step RF forward R, Step LF behind RF, step RF forward
- 3 & 4. Step LF forward L, step RF behind LF, step LF forward
- 5 - 6. Rock RF forward Recover on LF
- 7 - 8. Rock RF back, recover on LF

Note: There Are 3 Tags

Tag 1 : 16 Counts

(1 - 8) Cross Touch (2x) Jazz Box ¼ turn R

- 1 - 2. Cross RF over LF, Touch LF to L
- 3 - 4. Cross LF over RF, Touch RF to R
- 5 - 6. Cross RF over LF, step LF back ¼ turn R
- 7 - 8. Step RF to side R, cross LF over RF

(9 - 16) Double Hips Bump

- 9 - 10. Hips Bump R - R
- 11 - 12. Hips Bump L - L
- 13 - 14. Hips Bump R - R
- 15 - 16. Hips Bump L - L

Tag 2 : 4 Counts (Double Hips Bump)

- 1 - 2. Hips Bump R - R
- 3 - 4. Hips Bump L - L

Tag 3 : 8 Counts (Double Hips Bumpu)

- 1 - 2. Hips Bump R - R
- 3 - 4. Hips Bump L - L
- 5 - 6. Hips Bump R - R
- 7 - 8. Hips Bump L - L

Email - hildaupikdance@gmail.com
