

Waltz Me

拍數: 48 牆數: 1 級數: Intermediate
編舞者: Jim PAVADÉ (FR) - June 2021
音樂: Horchat Hai Caliptus - Ishtar



TAG on Wall 2 & 6 after section 3 and Restart the dance

Dance begins with body weight on the right foot.

Section 1 L & R Twinkle

1 2 3 LF Forward on the right diagonal, RF to side, LF on the left diagonal
4 5 6 RF Forward on the left diagonal, LF to side, RF on the right diagonal

Section 2 Contra Check on LF, Back Side Cross

1 2 3 Press LF forward on the right diagonal (01h30) (knee flexed), recover on RF, LF Back
4 5 6 RF back, LF to side (12h00), RF cross over LF (10h30)

Section 3 Full Turn to Left, Contra Check on RF

1 2 3 LF Forward on the left diagonal, ½ turn left & RF Back, ½ turn to left & LF forward
4 5 6 Press RF forward (knee flexed) , recover on LF, RF Back (10h30)

***Tag & Restart on wall 2 & 6**

Section 4 R Turning Lock step, Drag & Lunge to Right

1 2 LF Back on the left diagonal, ½ turn right & RF forward
& 3 3 ⅛ turn right & LF back , Lock RF over LF (09h00)
4 5 6 LF Back, Drag RF, ¼ turn R & Lunge on the RF (12h00)

Section 5 ½ Diamond

1 2 3 LF forward on the right diagonal (01h30), ¼ Turn left & RF slightly back (10h30), LF back
4 5 6 RF back (10h30), ¼ Turn left & LF slightly forward (07h30), RF forward on the diagonal

Section 6 L & R Cross Rock Step

1 2 3 Cross LF over RF, Back recover, LF to side (06h00)
4 5 6 Cross RF over LF, Back recover, RF to side (06h00)

Section 7 Full Spot Turn to Right with sweep, Curl to left

1 2 3 Cross LF over RF, pivot ½ turn R on the LF, 5/8 turn R - LF Back & Sweep RF front to back (07h30)
456 RF cross behind LF, LF forward with 3/8 turn to left (03h00), RF back with 5/8 turn to left (07h30)

Section 8 ½ Diamond

1 2 3 LF forward on the right diagonal (07h30), ¼ Turn left & RF slightly back (04h30), LF back
4 5 6 RF back (04h30), ¼ Turn left & LF slightly forward (01h30), RF forward on the diagonal

TAG & RESTART on Wall 2 & Wall 6 after the section 3: Chain a Double Right Turning Lock step

1 2 LF Back on the left diagonal, ½ turn right & RF forward
& 3 3/8 turn right & LF back , Lock RF over LF (09h00)
4 5 LF Back on the left diagonal, ½ turn right & RF forward,
& 6 3/8 turn right & LF back, Lock RF over LF (09h00)
7 8 9 LF Back, Drag RF, ¼ turn R & Lunge on the RF (12h00)

Enjoy & Waltz (with) Me!
