

Lifestyle

COPPER KNOB
STEP SHEETS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Frengky (INA) - June 2021
音樂: Lifestyle (feat. Adam Levine) - Jason Derulo



* No Tag & No Restart

Start Dance intro music after 16count

S1#. NIGHT CLUB (R-L) , 1/2 to R , kick

- 1-2. Step R side , step L behind R
- 3-4. Step L side , step R behind L
- 5-6. 1/2 to R , step R side
- 7-8. L kick diagonal to R , step L side

S2#. V STEP , BACKWARD , COASTERSTEP , PIVOT

- 1-2. Step R side , Step L side
- 3&4. Step R back , step L over R, step R back
- 5&6. Step L back , step R close beside L , step L forward
- 7-8. Step R forward , 1/2 to L R Forward

S3#. K STEP

- 1-2. Step Forward on R to R diagonal , touch L next to R
- 3-4. Step back to home position on L, touch R beside L next to L
- 5-6. Step back on R to back right diagonal, touch L beside R next to R
- 7-8. Step L back to home position , touch R beside L next to L

S4#. TURN 3/4 To R , TOUCH , KICK , FORWARD , TURN 1/2 TO L

- 1-2. Step R forward , 1/2 turn to R step L back
- 3-4. 1/4 to R step R side , L touch
- 5-6. L kick over R , 1/4 to L step L forward
- 7-8. 1/2 to R step R back , 1/2 to L step L forward

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