

Yi Qing Guo Hou (疫情過後)

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Improver
編舞者: Wendy Lin (TW) - June 2021
音樂: 疫情過後(DJ) By 冷漠



Intro:4X8

Sequence:8x8.8x8.8x8.8x8.(4x8).8x8.8x8.8x8.2x8.Ending.

Note:(Refer To Video For Hands & Body Movement)

S1. Kick, Kick,Coaster

1 2 3&4 Diag RF Kick LF Out & RF Out,RF Back Step, Together, Fwd Step RF
5 6 7&8 Diag LF Kick RF Out & LF Out, LF Back Step, Together, Fwd Step LF

S2. FWD,Touch X2,Back,Touch X2

1-4 Step RF Fwd ,Touch LF, Step LF Fwd ,Touch RF
5-8 Step RF Back,Touch LF, Step RF Back,Touch LF

S3. Kick, Kick, Coaster

1 2 3&4 Diag RF Kick LF Out & RF Out, RF Back Step, Together, Fwd Step RF
5 6 7&8 Diag LF Kick RF Out & LF Out, LF Back Step, Together, Fwd Step LF

S4. Rocking Chair , Paddle Turn L(1/4 X 2)

1-4 Rock RF Fwd, Recover LF, Back Rock RF, Recover LF
5-8 Step RF Fwd, Pivot 1/4 L Turn X 2

S5. Weave, Rock Recover , Chasse R Side

1-4 Cross RF Over LF, Step LF To L Side, Step RF Behind LF, Step LF To L
5 6 7&8 Cross RF Rock, Recover RF, Step RF To R Side, Together LF , Step RF To R Side

S6.Weave, Rock Recover,1/4 Shuffle Turn

1-4 Cross LF Over RF, Step RF To R Side, Step LF Behind RF, Step RF To R
5 6 7&8 Rock LF Fwd, Recover RF, Shuffle FWD 1/4Turn L

S7.FWD, Kick, Back,Touch X2

1-8 Fwd Step RF, Kick LF, Back Step LF, Back Touch, X2

S8. Jazz Box 4/1, Body Swing

1-4 Cross RF Over LF,1/4 RTurn Back LF,Side Step RF,Few Step LF
5-8 Step RF To Side, Body Swing R, L, R, L

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