

# Heading For A New Life

**COPPER** **KNOB**  
BY STEPHANETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Daisy Simons (BEL) - June 2021  
音樂: Heading for a New Life - DAWN The Duet



**Intro: 16 counts. No tags or restarts !**

## **STEP FWD, HITCH, COASTERSTEP, HEEL GRIND 1/4 TURN R, SHUFFLE BACK**

1-2            Step Right forward, hitch Left knee  
3&4            Step Left back, step Right next to Left, step Left forward  
5-6            Dig Right heel forward, ¼ turn right recover weight to Left (3:00)  
7&8            Step Right back, step Left next to Right, step Right back

## **ROCK BACK, RECOVER, KICKBALL TOUCH, CROSS, SIDE, BEHIND-SIDE-CROSS**

1-2            Rock Left back, recover weight to Right  
3&4            Kick Left forward, step Left next to Right, touch Right to right side  
5-6            Cross Right over Left, step Left to left side  
7&8            Cross Right behind Left, step Left to left side, cross Right over Left

## **SIDE ROCK, RECOVER, CROSS SHUFFLE, HINGE 1/2 TURN L, SHUFFLE FORWARD**

1-2            Rock Left to left side, recover weight to Right  
3&4            Cross Left over Right, step Right to right side, cross Left over Right  
5-6            ¼ turn left stepping Right back, ¼ turn left stepping Left to left side (9:00)  
7&8            Step Right forward, close Left next to Right, step Right forward

## **ROCK FORWARD, RECOVER, OUT-OUT, STEP BACK, SHUFFLE BACK, SHUFFLE 1/2 TURN L**

1-2            Rock Left forward, recover weight to Right  
&3-4            Step Left to left side (out), step Right to right side (out), step Left back  
5&6            Step Right back, step Left next to Right, step Right back  
7&8            ½ turn left stepping Left forward, step Right next to Left, step Left forward (3:00)

**Start again.**

**Contact: [simons.daisy@telenet.be](mailto:simons.daisy@telenet.be)**

---