

The Older I Get

拍數: 32 牆數: 4 級數: Beginner
編舞者: Caecilia M Fatruan (INA) - June 2021
音樂: The Older I Get (Acara Remix) - Alan Jackson



Dance start, at the first verse.

S1. ROCK FWD, ROCK SIDE, STEP BACK, SWEEP, STEP BACK, HITCH

1-2 RF rock fwd, recover
3-4 RF rock to R, recover
5-6 RF step behind LF, Turn LF from front to back in a circle while sweeping the floor
7-8 LF step behind RF, Hitch RF knee

S2. STEP BACK, TOUCH POINT TO L, STEP FWD, SWEEP, JAZZ BOX

1-2 RF step back behind LF, LF touch point to L side
3-4 LF step in front of RF, turn RF from back to front in a circle while sweeping the floor
5-6 RF step in front LF, LF step next to RF while making $\frac{1}{4}$ turn to R
7-8 RF step next to L, LF step in front of RF

S3. ROCK SIDE, STEP BACK, STEP SIDE, CROSS SHUFLE, ROCK SIDE.

1-2 RF rock to R, recover
3-4 RF step behind LF, LF step next to RF
5&6 RF cross in front of LF, LF step beside (&) RF cross in front of LF
7-8 LF rock to L, recover

S4. STEP BACK, STEP SIDE, CROSS SHUFLE, ROCK FWD, HALF TURN RIGHT

1-2 LF step behind RF, RF step next to LF
3&4 LF cross in front of RF, RF step beside (&), LF cross in front of RF
5-6 RF rock fwd, recover
7-8 RF step back, while making $\frac{1}{4}$ turn to R, LF past over RF while making $\frac{1}{4}$ turn to R.

Well Done...
