# **Black Sheep**

拍數: 32

級數: Beginner

編舞者: Lisa M. Johns-Grose (USA) - June 2021

音樂: Black Sheep - 8Track - Walker Hayes

#### Music Available: www.amazon.com

#### R TOE- R SCUFF-R STEP- L TOE- L SCUFF- L STEP- R MAMBO FWD- L MAMBO BACK

- 1&2 Touch right toe next to left instep, scuff right heel forward, step forward right
- 3&4 Touch left toe next to right instep, scuff left heel forward, step forward left
- 5&6 Rock forward right, recover left, step right next to left
- 7&8 Rock back left, recover right, step left next to right

## 1/2 BOUNCE TURN LEFT- L COASTER- R TOE STRUT HIPS- L TOE STRUT HIPS

- 1&2 Stepping forward right, bounce heels 3 times, making 1/2 turn left (weight on right)
- 3&4 Step back left, step right next to left, step forward left
- 5&6 Step right toes forward, step down right heel w/ double hip bumps right
- 7&8 Step left toes forward, step down left heel w/ double hip bumps left ( weight on left)

## \*\*\*\* RE-START HERE DURING WALL 3 (brings you back to 12 o'clock to re-start)

## R KICK BALL POINT- L KICKBALL POINT- R SAILOR- L SAILOR ¼ L

- 1&2 Kick right forward, step right next to left, point left to left side
- 3&4 Kick left forward, step left next to right, point right to right side
- 5&6 Step right behind left, step left to left, step right to right
- 7&8 Step left behind right making 1/4 turn left, step right to right, step left to left

## **R ROCKING CHAIR - STEP - SWIVEL - SWIVEL**

- Rock forward right, recover left, rock back right, recover left 1&2&
- 3&4 Step forward right, swivel both heels out, swivel both heels in (weight on right)
- 5&6& Rock forward left, recover right, rock back left, recover right
- 7&8 Step forward left, swivels both heels out, swivel both heels in (weight on left)

#### **BEGIN AGAIN!**





牆數: 4