

La La La

拍數: 64 牆數: 4 級數: Advanced
編舞者: Hiroko Carlsson (AUS) - June 2021
音樂: La La La - AREA21 : (Spotify & Apple Music)



(Intro: 16 counts)

[S1] Side Rock, Behind, 1/4L, Side Rock, Cross, Side

1 2 3 Rock R to the side, Recover weight on L, Step R behind L
4 5 6 Make a 1/4 turn left stepping forward on L, Rock R to the side, Recover weight on L (3:00)
7 8 Cross R over L, Step L to the side

[S2] Back-Lock-Back-Hook, Step-Lock-Step-Scuff

1 2 3 4 Step back on R, Lock L across R, Step back on R, Hook L over R
5 6 7 8 Step forward on L, Lock R behind L, Step forward on L, Scuff forward on R

[S3] Chase Turn-Side, Behind, 1/4R, Together, Back, 1/2L, Side-Together

1&2 Step forward on R, Make a 1/2 turn left recover weight on L, Step R to the side (3:00)
3 4 5 Step L behind R, Make a 1/4 turn right stepping forward on R, Step L together (6:00)
6 7 Step back on R, Make a 1/2 turn left stepping forward on L (12:00)
8& Step R to the side, Step L together

[S4] Cross Rock-Ball, Cross, Side, Back Rock, 1/4R, Hook 1/4R

1 2& Rock R across L, Recover/replace weight on L, Ball step R next to L
3 4 5 6 Cross L over R, Step R to the side, Rock L behind R, Recover/replace weight on R
7 8 Make a 1/4 turn right stepping back on L, Make a further 1/4 turn right/hook R over L (6:00)

[S5] Dorothy R, Side Rock, Cross Samba, Cross, Sweep

1 2& Step R forward to the diagonal, Lock L behind R, Step R forward to the diagonal
3 4 Rock L to the side, Recover weight on R
5&6 Cross L over R, Rock R to the side, Recover weight on L
7 8 Cross R over L, Sweeping L around R

[S6] Cross, Side Turning Shuffle into Side Rock Cross L over R

2&3 Side shuffle to the right on R-L-R
4&5 Make a 1/2 turn left shuffle to the left on L-R-L (12:00)
6&7 Make a 1/2 turn left shuffle to the right on R-L-R (into R side rock) (6:00)
8 Recover weight on L

[S7] Box 1/4R, Kick Ball Change, Step-Pivot 1/2L

1 2 Cross R over L, Make a 1/4 turn right stepping back on L
3 4 Step R to the side, Step forward on L (9:00)
5&6 Kick forward on R, Step down on ball of R foot, Step L in place
7 8 Step forward on R, Make a 1/2 turn left recover weight on L (3:00)

[S8] Fwd, 1/2R Back-Lock-Back, Back Rock, 1/2L Back-Lock-Back, 1/2L

1 Step forward on R
2&3 Make a 1/2 turn right stepping back on L, Lock R across L, Step back on L (9:00)
4 5 Rock back on R, Recover weight on L
6&7 Make a 1/2 turn left stepping back on R, Lock L across R, Step back on R (3:00)
8 Make a 1/2 turn left stepping forward on L (9:00)

Tag (32 counts) at the end of Wall 1(9:00), 2 (6:00) and 4 (12:00)

[S1] Fwd Hop/Sweeps RLR-Recover, Back Hop/Sweeps RLR-Recover

1 2 3 4 Hop forward on R/sweeping L around, Hop forward on L/sweeping R around, Hop/rock forward on R, Recover weight on L
5 6 7 8 Hop back on R/sweeping L around, Hop back on L/sweeping R around, Hop/rock back on R, Recover weight on L

[S2] Side Rock & Cha-Cha-Cha RL

1 2 Rock R to the side, Recover weight on L
3&4 Cha-cha step on the spot - Step R next to L, Step L in place, Step R in place
5 6 Rock L to the side, Recover weight on R
7&8 Cha-cha step on the spot - Step L next to R, Step R in place, Step L in place

[S3] Back Hop/Sweeps RLR-Recover, Fwd Hop/Sweeps RLR-Recover

1 2 3 4 Hop back on R/sweeping L around, Hop back on L/sweeping R around, Hop/rock back on R, Recover weight on L
5 6 7 8 Hop forward on R/sweeping L around, Hop forward on L/sweeping R around, Hop/rock forward on R, Recover weight on L

[S4] Side Rock & Cha-Cha-Cha RL

1 2 Rock R to the side, Recover weight on L
3&4 Cha-cha step on the spot - Step R next to L, Step L in place, Step R in place
5 6 Rock L to the side, Recover weight on R
7&8 Cha-cha step on the spot - Step L next to R, Step R in place, Step L in place

Ending suggestion: The last wall starts at 12:00. Dance up to count 30, then Step R to the side, Cross L over R (12:00).

**Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
(updated: 9/June/21)**
