

My Love

拍數: 32 牆數: 4 級數: Improver
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音樂: My Love - Westlife



SEQUENCE : A-B-A-TAG-A-B-A-A-A

PART A

S-1. BACK-SWEEP-COASTER STEP, CHASSE-PIVOT $\frac{3}{4}$ TURN R-FORWARD

1 2 Step LF back - Sweep RF from front to back over LF -
3&4 Step LF back - Step RF together - Step LF forward,
5&6 Step RF to side - step LF together - Step RF to side -
7&8 $\frac{1}{4}$ turn R Step LF forward - $\frac{1}{4}$ turn R in place to RF - $\frac{1}{4}$ turn R Step LF forward

S-2. SIDE-BEHIND-SIDE-CROSS-SIDE-BEHIND-CROSS, SIDE-BEHIND-SIDE-CROSS-SIDE-BEHIND-CROSS

1&2&3&4 Step RF to side - behind LF to RF - Step RF to side - Cross over LF to RF -Step RF to side -
 behind LF to RF - Cross over RF to LF
5&6&7&8 Step LF to side - behind RF to LF - Step LF to side - Cross over RF to LF -Step LF to side -
 behind RF to LF - Cross over LF to RF

S-3. CROSS ROCK-SIDE-CROSS ROCK-SIDE, FORWARD- PIVOT $\frac{1}{2}$ TURN R, ROLLING TURN L

1&2 Cross over RF to LF - Recovered on LF - Step RF to side
3&4 Cross over LF to RF - Recovered on RF - Step LF to side
5&6 Step RF forward - $\frac{1}{4}$ turn R L forward - $\frac{1}{4}$ turn R in place to RF
7&8 $\frac{1}{4}$ turn L Step LF forward - $\frac{1}{4}$ turn L R forward - $\frac{1}{2}$ turn L L forward

S-4. FORWARD ROCK-BACK-BACK SHUFFLE, BACK ROCK-FORWARD-FORWARD

1&2 Step RF forward - Recovered on LF - Step RF back
3&4 Step LF back - Step RF together - Step LF back,
5 6 7 8 Step RF back - Recovered on LF - Step RF forward - Step LF forward

PART B

S-1. PIVOT $\frac{1}{2}$ TURN L-FORWARD-FORWARD, SIDE-BEHIND-SIDE (TO R/L)

1 2 3 4 Step RF forward - $\frac{1}{4}$ turn L in place to LF - $\frac{1}{4}$ turn L Step RF forward - Step LF forward
5&6 Step RF to side - behind LF to RF - Step RF to side
7&8 Step LF to side - behind RF to LF - Step LF to side

S-2. FORWARD MAMBO-BACKWARD MAMBO, JASS BOX

1&2 Step RF forward - Recovered on LF - Step close RF beside to LF
3&4 Step RF back - Recovered on RF - Step close LF beside to RF
5 6 7 8 Cross over RF to LF - Step LF back - Step RF to side - close LF beside to RF

TAG : PIVOT $\frac{1}{2}$ TURN L-FORWARD-FORWARD

1 2 3 4 Step RF forward - $\frac{1}{4}$ turn L in place to LF - $\frac{1}{4}$ turn L Step RF forward - Step LF forward

Another option for Part A S-3 count 7&8 : ROLLING or FORWARD L-R-L

Happy dance

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