I Was On A Boat

級數: High Beginner Contra

編舞者: Gwen Walker (USA) & Jenny Brown (USA) - June 2021

音樂: I Was On a Boat That Day - Old Dominion

#32 count intro - 1 easy restart

拍數: 48

[1-8] R side rock recover cross hold, L side rock recover cross hold

- 1-4 Rock R to right side, recover to L, cross step R over L, hold
- 5-8 Rock L to left side, recover to R, cross step L over R, hold.

[9-16] Step forward touch x 2, step back touch x 2

1-4 Step R forward diagonal, touch L beside R, step L forward diagonal, touch R beside L. ****note: it will look like one line with forward step touches****

5-8 Step R back diagonal, touch L beside R, step L back diagonal, touch R beside L. ****restart here on wall 3****

[17-24] R lock steps forward brush, L lock steps forward brush

- 1-4 Step R forward, lock L behind R, step R forward, brush L beside R
- 5-8 Step L forward, lock R behind L, step L forward, brush R beside L.

note: lines will pass each other at this point of dance, next 8 counts you will Be back to back.

[25-32] R mambo forward, hold, L slow Coaster brush.

- 1-4 Rock forward R, recover L, step R back, hold.
- 5-8 Step L back, step R back beside L, step L forward, brush R beside L.

[33-40] R step $\frac{1}{2}$ turn step brush, L forward touch R back touch heel

- 1-4 Step forward R, turn ½ left (weight to L) step forward R, brush L (6:00)
- 5-8 Step L forward, touch R toe behind L, step R back, touch L heel forward.

[41-48] Step out hold, step in hold, hip bumps x 4

& 1 2 Step L out to left side, step R out to right side, hold

keep steps out small for music is peppy

- & 3 4 Step L in beside R, touch R in beside L, hold.
- 5-8 Bumps hips R, L, R, L. (6:00)

**Contra note: Dance start with two lines offset facing each other.

Pass on Lock steps Trading places. Have fun with dance and song.

****1 Restart on Wall 3, dance 16 counts restart from beginning.

Dance from the Heart with JOY!!!!!

Gwen Walker: gkwdance@gmail.com Jenny Brown: jdb_in_ar@yahoo.com





牆數:

牆數: 2