

Shhhhhhhh!

拍數: 32 牆數: 4 級數: Beginner
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音樂: There's a Kind of Hush - Carpenters



WEAVE LEFT WITH TOUCH, WEAVE RIGHT WITH TOUCH

1-4 Step R over L, step L to side, step R behind L, touch L to side
5-8 Step L over R, step R to side, , step L behind R, touch R to side

STEP TOUCH, STEP TOUCH, ROCK RECOVER 1/2 TURN RIGHT, STEP

1-4 Step R slightly fwd, touch L to side, step L slightly fwd, touch R to side
5-8 Rock fwd on R, recover on L, turn 1/2 R, weight on R, step on L 6:00

ROCK RECOVER, COASTER STEP, 1/4 PIVOT RIGHT, STEP TOUCH

1,2 3&4 Rock fwd on R, recover on L, step back on R, step L next to R, step fwd on R
5-8 Step fwd on L, pivot 1/4 R, step on L, touch R beside L 9:00

STEP TOUCH, STEP TOUCH, STEP TOUCH STEP BRUSH (OPTION: 2 - 1/2 PIVOTS LEFT)

1-4 Step R, touch L, step L touch R,
5-8 * step R, touch L, step L, brush R

* Option: instead of the last two step touches, do 2- 1/2 pivots Left (more advanced move)

Note: if part of the class is doing pivots, you can do split floor so beginners are not confused

DANCE FOR THE HEALTH OF IT
