

Cha Cha Mambo

拍數: 32 牆數: 4 級數: Improver
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音樂: Cha Cha - Chelo



Intro: 32

Sec. 1) Side, Touch (R, L), Mambo, 1/4L Jazz box

1&2& RF to R side(1), Touch LF next to RF(&), LF to L side(2), Touch RF next to LF(&)
3 & 4 RF to R side(3), Recover on LF(&), RF next to LF(4)
5 - 8 LF cross over RF(5), 1/4L RF back(6), LF to L side(7), RF forward (9:00)

(Option: hips push back)

Sec. 2) Kick, Charleston Step, Skate Step (L, R, L, R)

1 - 4 Kick LF forward(1), LF back(2), Touch RF toe back(3), RF forward(4)
5 - 6 Slide LF diagonal forward & slightly to side in small curve(5), Slide RF diagonal forward & slightly to side in small curve(6),
7 - 8 Repeat 5 & 6

(Option: Slowly Raising up both arms by 4 counts)

Sec. 3) Side Mambo (L, R), Lock Step (L, R)

1 & 2 LF to L side(1), Recover on RF(&), LF next to RF(2)
3 & 4 RF to R side(3), Recover on LF(&), RF next to LF(4)
5 & 6 LF forward(5), RF behind LF(&), LF forward(6)
7 & 8 RF forward(7), LF behind RF(&), RF forward(8)

Sec. 4) Forward, 1/2R Pivot turn, 1/4R Chasse, R Sailor, 1/4L L Sailor

1 - 2 LF forward(1), 1/2R pivot turn, RF forward(2) (3:00)
3 & 4 1/4R LF to L side(3), RF next to LF(&), LF to L side(4) (6:00)
5 & 6 Cross RF behind LF(5), LF to L side(&) RF slightly to R side(6)
7 & 8 1/4L cross LF behind RF(7), RF to R side(&), LF slightly to L side(8) (3:00)

Restart: After 16 counts of the 3 wall: Change Step (Touch)

1 - 4 Kick LF forward(1), LF back(2), Touch RF toe back(3), RF forward(4)
5 - 6 Slide LF diagonal forward & slightly to side in small curve(5), Slide RF diagonal forward & slightly to side in small curve(6),
7 - 8 Slide LF diagonal forward & slightly to side in small curve(7), Touch RF next to LF(8)

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