

# Go Down

拍數: 48      牆數: 2      級數: Phrased Advanced  
編舞者: Tim Johnson (UK) - June 2021  
音樂: Go Down Deh (feat. Sean Paul & Shaggy) - Spice



Phrasing: A16, B, A16, Long tag, B, A, B, Small tag, A, B, A

## A: 32 counts

[1-8] V Step, cross ¼ side together, side chest-bump together, 2 L Paddle turns

- 1& 2&      1)Step diagonally right on R heel, &)Step diagonally Left on L heel, 2)Step in place on R, &)Step in place on L  
3& 4&      3)Cross R over L, &) ¼ turn right stepping back on L (3:00), 4)Step R to right side, &)Step L together  
5,6      5)Step R to right side (chest bump twice over 5&), 6)Step L together  
7& 8&      7) 1/8th Paddle turn left stepping R to the side, &)Step L in place, 8) 1/8th Paddle turn left stepping right to the side, &) Step L in place (12:00)

[9-16] R Side recover, weave with ¼ L, side touch, side chest-bump together, ¼ L shuffle

- 1& 2&      1)Rock R to right side, &)Recover weight to L, 2)Cross R over left, &)Step L to left side  
3& 4&      3)Cross R behind L, &) ¼ turn left stepping fwd on L, 4)Step R to right side &)Touch L next to R (9:00)  
5, 6      5)Step L to left side (chest bump twice over 5&), 6)Step R together  
7&8      7) ¼ left stepping fwd on L, &)Step R next to L, 8)Step fwd on L (6:00)

\*End of First half of A (A16)

[17-24] Side step touches on R, L, Rx2, L, R, Lx2 (With styling)

- 1& 2&      1)Step R to right side, &)Touch L next to R, 2)Step L to left side, &)Touch R next to L  
3& 4&      3)Step R to right side, &)Step L next to R, 4)Step R to right side, &)Touch L next to R  
5& 6&      5)Step L to left side, &)Touch R next to L, 6)Step R to right side, &)Touch L next to R  
7&8      7)Step L to left side, &)Step R next to L, 8) Step L to left side

Styling: Open knees out to the sides when stepping to the side, bringing them in for the touch and lean your body in the direction you are stepping.

[25-32] Cross rock, Side rock, ¼ box to R, Walk L, R, Step pivot R ½ ¼ touch

- 1& 2&      1)Cross rock R over L, &)Recover on L, 2)Rock R to right side, &)Recover on L  
3& 4      3)Cross R over L, &) ¼ turn right stepping back on L, 4)Step R to right side (3:00)  
5 6      5)Walk fwd on L, 6)Walk fwd on R  
7& 8&      7)Step fwd on L, &)Pivot ½ turn right stepping fwd on R, 8)Continue turning ¼ right stepping L to left side, &)Touch R next to L (12:00)

## B: 16 counts

[1-8] R Side hip roll, Centre hip roll, L side hip roll, Centre hip roll

- 1, 2 1,      2)Step R to right side bending your knees to sit lower and Roll your hips twice  
3, 4 3,      4)Step R next to L and roll your hips twice  
5, 6 5,      6)Step L to left side bending your knees to sit lower and roll your hips twice  
7, 8 7,      8)Step L next to R and roll your hips twice

[9-16] Diagonal Side step& R, L, Shimmy walk back R, L, R, ½ L

- 1,2&      1)Step Diagonally fwd on R (Bend your knees to dip into the side step), 2)Step L next to R, &)Step R next to L  
3,4&      3)Step diagonally fwd on L (Bend your knees to dip into the side step), 4)Step R next to L, &)Step L next to R

5,6,7,8            5) Walk back on R, 6)Walk back on L, 7)Walk back on R, 8) ½ turn L stepping fwd on L  
(Shimmy your hips walking back) (6:00)

**Long Tag:**

**[1-8] (starts facing 6:00) Basic nightclub R, L, step, step pivot ½ walk L, R,**

1, 2&            1)Step R Big step side right, 2)Rock back on L, &)Recover on R

3, 4&            3)Step L big step side left, 4)Rock back on R, &)Recover on L

5&6&7&8            5)Step fwd on R, 6)Step fwd on L, &) ½ pivot right on R, 7)Step fwd L, 8)Step fwd R (12:00)

**[9-16] L fwd lock step, step pivot ½ ½ walk back L,R, side shimmy, step in place**

1&2            1)Step fwd on L, &)Lock R behind L, 2)Step fwd on L

3&4            3)Step fwd on R, &) ½ pivot left on L, 4) ½ turn left stepping back on R (12:00)

5, 6            5)Walk back on L, 6)Walk back on R

7&8            7)Rock L to left side shimmying shoulders, &)Recover on R, 8)Step L in place

**Small tag:**

**[1-4] (facing 6:00) V Step -Out out in in**

1, 2            1)Step diagonally fwd on R, 2)Step diagonally fwd on L

3, 4            3)Step R in place, 4)Step L in place

**END OF DANCE.**

**Have FUN - #SHAKETHEPEACH!**

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