

# Lost In The Rhythm

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: YoungSoon Song (KOR) - June 2021  
音樂: Lost in the Rhythm (feat. Octavia Rose) - Jamie Berry



Start after 32counts (00:17)

Restart: After 16counts at wall4

## S1: FORWARD, KICK, BACK, TOGETHER, CLAP, SLOW SWIVEL WALK X2, SWIVEL WALKING X3

1-2            RF Step Forward(1), LF Kick Forward(2)  
&3-4        LF Step Backwards(&), RF Together(3), Clap(4)  
5-6           RF Swivel Walk Forward(5), LF Swivel Walk Forward(6)  
7&8         RF Swivel Walking Forward(7), LF Swivel Walking Forward(&), RF Swivel Walking Forward(8)

## S2: TWIST R, TWIST L

1-2           BF Twist Heel R(1), Twist Toe R(2)  
3&4         Twist Heel R(3), Twist Toe R(&), Twist Heel R(4)  
5-6           BF Twist Heel L(5), Twist Toe R(6)  
7&8         Twist Heel L(7), Twist Toe R(&), Twist Heel L(8)

## S3: JAZZ BOX, TOGETHER, JAZZ BOX with FLICK, CROSS OVER

1-2           RF Cross Over(1), LF Step Back(2)  
3-4           RF Step R(3), LF Together(4)  
5-6           RF Cross Over(5), LF Step Back(6)  
7-8           RF Step Right side with LF Flick(7), LF Cross Over(8)

## S4: STEPPING R, L, R, L, TOGETHER WITH JUMP X3 3/4 TURN R, JUMP FORWARD WITH FLICK, FORWARD

1-2           RF Stepping R in place(1), LF Stepping L in place(2)  
3-4           RF Stepping R in place(3), LF Stepping L in place(4)  
5&6         BF Together with Jump 1/4 Turn R(3:00)(5), BF Jump 1/4 Turn R(6:00)(&), BF Jump 1/4 Turn R(9:00)(6)  
7-8           RF Jump Forward with LF Flick(7), LF Step Forward(8)