

One Thing Leads To Another

COPPER **KNOB**
BY SHEETS

拍數: 32 牆數: 4 級數: Absolute Beginner
編舞者: Diane J. Ellis (USA) - June 2021
音樂: One Thing Leads to Another - The Fixx



No tags or restarts

alternate music - no tags or restarts:

Hit Me With Your Best Shot, Pat Benatar

Honey I'm Good, Andy Grammer

There's Nothing Holding Me Back, Shawn Mendes

(1 - 8) RIGHT ROCKING CHAIR, FORWARD, ROCK RECOVER, STEP TOGETHER, CLAP

1 - 4 Rock R forward, Recover on L, Rock R back, Recover on L

5 - 8 Rock forward on R, Recover on L, Close R beside L, clap.

(9 - 16) LEFT ROCKING CHAIR, FORWARD, ROCK RECOVER, STEP TOGETHER, CLAP

1 - 4 Rock L forward, Recover on R, Rock L back, Recover on R

5 - 8 Rock forward on L, Recover on R, Close L beside R, clap.

(17 - 24) MODIFIED K STEP (WITH ¼ R ON BACK HALF)

1 - 4 R fwd. on diag., touch L to R, L back, touch R to L

5 - 8 R back turning 1/8 right, touch L to right 1:30, L side turning 1/8 right, touch R to L 3:00

(25 - 32) STOMP, 3 HEEL BOUNCES, STOMP, 3 HEEL BOUNCES

1 - 4 Stomp right, bounce right heel 3 times, putting your weight on it on the 3rd bounce

5 - 8 Stomp left, bounce left heel 3 times, putting your weight on it on the 3rd bounce