

You Make Me High

COPPER **KNOB**
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Harry Samana (INA) - June 2021
音樂: Get Back (ASAP) - Alexandra Stan



No tag and no Restart

Start dance after 52 count (00:25")

Section 1 . SIDE , TOGETHER , CHASSE R , CROSS ROCK-RECOVER , SIDE ROCK RECIVER, BEHIND

1-2,3&4 RF to side R - next LF , RF to side R - next LF - RF to side R
5-6,7&8 Cross LF over RF - recover RF , rock LF to side L - recover RF - step LF behind RF

Section 2 . SIDE ROCK - RECOVER (R-L) , L TURN ¼ , FORWARD

1&2,3&4 Rock RF to side R - recover LF - step RF behind LF , rock LF to side - recover RF - step LF behind RF
5-6,7&8 Rock RF to side R - recover LF , step RF behind LF - L turn ¼ stepping LF forward - step RF forward

Section 3 . ROCK FORWARD - RECOVER - L TURN ½ SHUFFLE (L) , L TURN ½ SHUFFLE (R)

1-2,3&4 Rock step LF forward - recover RF , L turn ½ stepping LF forward , step RF behind LF , step LF forward
5-6,7&8 Step RF forward - L turn ½ stepping LF forward , step RF forward - step LF behind RF - step RF forward

Section 4 . MAMBO SIDE (L - R) , SIDE ROCK - RECOVER , BIHIND , SIDE , CROSS

1&2,3&4 Step LF to side L - recover R - LF together , step RF to side - recover LF - RF together
5-6,7&8 Rock step LF ti side - recover R , step LF behind RF - step RF to side R - cross LF over RF

ENJOY YOUR DANCE

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