

Hello Sally

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: High Beginner
編舞者: Pat Mari (INA) - June 2021
音樂: Mustang Sally (feat. Andrew Strong) - The Commitments



Dance begins on vocal

DIAGONAL LOCK, SHUFFLE R-L

1-2 Step R diagonal, lock L behind R
3&4 Step R diagonal, step L behind R, step R diagonal
5-6 Step L diagonal, lock R behind L

JAZZ BOX ¼ R, JAZZ BOX ¼ R

1-2 Cross R over L, ¼ turn R stepping L back (3.00)
3-4 Step R to side, step L fwd
5-6 Cross R over L. ¼ turn R stepping L back (6.00)
7-8 Step R to side, cross L over R

LINDY R, ROCKING CHAIR

1&2 Step R to side, step L beside R, step R to side
3-4 Step L back, recover on R
5-6 Step L fwd, recover on R
7-8 Step L back, recover on R

LINDY L, ROCKING CHAIR

1&2 Step L to side, step R beside L, step L to side
3-4 Step R back, recover on L
5-6 Step L fwd, recover on R
7-8 Step L back, recover on R

Restart here on wall 2 facing 9.00, wall 4 facing 6.00

SIDE, TOUCH, ¼ L SIDE, TOUCH, SIDE, BEHIND, SIDE, TOUCH

1-2 Step R to side, touch L beside R
3-4 ¼ Turn L stepping L to side, touch R beside L (3.00)
5-6 Step R to side, cross L behind R
7-8 Step R to side, touch L beside R

SIDE, BEHIND, SIDE, TOUCH, POINT, FLICK, POINT, FLICK

1-2 Step L to side, cross R behind L
3-4 Step L to side, touch R beside L
5-6 Point R to side, flick R
7-8 Point R to side, flick R

WALK FWD, KICK AND CLAP, BACKWARD, TOUCH AND CLAP HAND

1-2 Step R fwd, step L fwd
3-4 Step R fwd, kick L fwd and clap hands
5-6 Step L back, step R back
7-8 Step L back, touch R back and clap hands

FWD, TOUCH, BACK, KICK, BACK AND HIP BUMPS

1-2 Step R fwd, touch L behind R
3-4 Step L back, kick R fwd

5-6 Step R back, recover on L
7-8 recover on R, recover on R

Enjoy the dance!!

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