

Only a Woman Like You

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Improver
編舞者: Gwen Newell (CAN) - May 2021
音樂: Only a Woman - Matt Lang



Section 1: Sway, Sway, Rock, Recover, Locking Steps

1-2, 3&4 Sway Right stepping right, Recover LF with a Sway Left, R Side shuffle (RF,LF,RF)
5-6, 7&8 1/8 turn R, LF Forward Diagonal Rock, recover RF, Backwards, Step, lock, step (LF,RF,LF)

Section 2: Sway, Sway, Rock Recover, Shuffle

1-2, 3&4 1/8 turn R stepping RF out into Sway, Recover LF with Left Sway, Behind, side,side,cross (RF,LF,RF)
5-6, 7&8 Rock to left side stepping LF out, recover RF with 1/4 turn R, Shuffle forward (LF,RF,LF)

TAG & RESTART - Wall 5

Section 3: Step, Pivot, Syncopated Lock Steps, Back Coaster

1&2&3&4 Step forward RF, Pivot 1/2 turn Left, Step Left, Step RF (slightly forward) Syncopated Lock Steps, LF, RF, LF, Step RF beside LF
5-6, 7&8 Rock forward LF, Recover RF, Back Coaster Step, LF,RF,LF

Section 4: Cross Rock, 1/4 Turn, 1/2 Turn Triple Step

1&2&3&4 Cross Rock RF over LF, Recover LF, Right Side Rock RF, Recover LF, Cross Rock RF over LF, Recover LF, Step RF to right side
5-6 Cross LF over RF, 1/4 Turn Left stepping RF back
7&8 1/2 Turn Left, Triple Step, (LF,RF,LF)

END OF DANCE

TAG Wall 5 - 16 Counts

1&2 Step forward RF, Pivot 1/2 turn left, Step LF, RF
3-4 Sway Left stepping LF to Left side, Sway to Right, on RF
5&6 Crossing shuffle over RF, (LF,RF,LF)
7-8 Sway Right, stepping RF to Right side, Sway Left, Recovering on LF

1&2 Sailor quarter turn Right, (RF,LF,RF)
3-4&5-6 Syncopated Rocking Step, (rock forward LF, recover RF, step back LF, RF forward, recover LF)
7&8& Rock RF to right side, Recover LF, Feet Together, Cross LF over RF

Restart

End of dance you will be on the side wall, dance 8 counts and then take a 1/8 turn stepping right foot to the side. You will be at 12:00 o'clock.

Enjoy and have fun!

Gwen Newell: gwen_newell@yahoo.ca - gwen_ncld@outlook.com - 1-403-256-6519