

No Quiero Sufrir

COPPER **KNOB**
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
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音樂: No Vale la Pena Sufrir - Limi-T 21



Intro 32 Counts - 1 TAG , 1 RESTART

Sect 1: FORWARD WALK, DIAGONAL BACK SHUFFLE

1 - 4 Walk forward on R-L-R-L
5 & 6 R diag back - L beside R - R diag back
7 & 8 L diag back - R beside L - L diag back

Sect 2: SIDE STEPS, HIP BUMP, SINGLE BUMPS

1 - 4 Step R to side - L next to R - step R to side - touch L with hip bump to left
5 - 8 Step on L - touch R bump hip to right - step on R - touch L bump hip to left

Sect 3: ROLLING VINE, TOUCH, CUMBIA

1 - 2 ¼ turn left step L forward - ½ turn left step R back
3 - 4 ¼ turn left step L to side - touch R with hip bump to right
5 & 6 Cross rock R behind L - recover on L - step R to side
7 & 8 Cross rock L behind R - recover on R - step L to side

Sect 4: PIVOT ½ , PIVOT ¼, CROSS TOUCH, KICK, HOP & FLICK

1 - 2 Rock R fwd - turn ½ left recover on L (6.00)
3 - 4 Rock R fwd - turn ¼ left recover on L(3.00)
5 - 6 Cross R over L - touch L to side
7 - 8 Kick L fwd - hop L to centre flicking R back

*TAG : after wall 3 (9.00)

1 - 2 Rock R to side - recover on L

*RESTART : on wall 7 (6.00)

Dance up to 16 counts with change step on count 16 step L beside R (instead of touch)

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