

# No Quiero Sufrir

**COPPER** **KNOB**  
BY STEPHEN

拍數: 32                      牆數: 4                      級數: Improver  
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音樂: No Vale la Pena Sufrir - Limi-T 21



## Intro 32 Counts - 1 TAG , 1 RESTART

### Sect 1: FORWARD WALK, DIAGONAL BACK SHUFFLE

1 - 4                      Walk forward on R-L-R-L  
5 & 6                      R diag back - L beside R - R diag back  
7 & 8                      L diag back - R beside L - L diag back

### Sect 2: SIDE STEPS, HIP BUMP, SINGLE BUMPS

1 - 4                      Step R to side - L next to R - step R to side - touch L with hip bump to left  
5 - 8                      Step on L - touch R bump hip to right - step on R - touch L bump hip to left

### Sect 3: ROLLING VINE, TOUCH, CUMBIA

1 - 2                      ¼ turn left step L forward - ½ turn left step R back  
3 - 4                      ¼ turn left step L to side - touch R with hip bump to right  
5 & 6                      Cross rock R behind L - recover on L - step R to side  
7 & 8                      Cross rock L behind R - recover on R - step L to side

### Sect 4: PIVOT ½ , PIVOT ¼, CROSS TOUCH, KICK, HOP & FLICK

1 - 2                      Rock R fwd - turn ½ left recover on L ..... (6.00)  
3 - 4                      Rock R fwd - turn ¼ left recover on L .....(3.00)  
5 - 6                      Cross R over L - touch L to side  
7 - 8                      Kick L fwd - hop L to centre flicking R back

### \*TAG : after wall 3 (9.00)

1 - 2                      Rock R to side - recover on L

### \*RESTART : on wall 7 (6.00)

Dance up to 16 counts with change step on count 16 step L beside R (instead of touch)

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