

Beautiful

拍數: 48

牆數: 2

級數: Improver / Intermediate Rise & Fall
waltz



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音樂: Beautiful (Langs. Walzer - 30 T/M) - Vio Friedmann

Intro: 24 Count

ROCK STEP, ½ PIVOT TURN L, SWIVEL KNEE (FIGURE4)

- 1 LF Step forward
- 2 RF Recover weight
- 3 LF ½ Pivot Turn L, Step forward (6.00)
- 4 RF Swivel R Knee L
- 5 RF Swivel R Knee R
- 6 RF Swivel R Knee L

CROSS, ¼ TURN R, SIDE R, CROSS, ¼ TURN L, SIDE L

- 7 RF Cross over LF
- 8 LF ¼ Turn R, Step backwards (9.00)
- 9 RF Step R
- 10 LF Cross over RF
- 11 RF ¼ Turn L, Step backwards (6.00)
- 12 LF Step L

TWINKLE, STEP TURN R, STEP

- 13 RF 1/8 Turn L, Step forward (4.30)
- 14 LF Step forward
- 15 RF ¼ Turn R, Step forward (7.30)
- 16 LF Step forward
- 17 RF ½ Turn R, Step forward (1.30)
- 18 LF Step forward (1.30)

SWEEP, BASIC FORWARD

- 19 LF Start 3/8 Turn L
- 20 LF Continue 3/8 Turn L
- 21 LF Finnish 3/8 Turn L, RF Sweep forward (9.00)
- 22 RF Step forward
- 23 LF Step forward
- 24 RF Step backwards (9.00)

BASIC BACKWARDS, TWINKLE

- 25 LF Step backwards
- 26 RF Step backwards
- 27 LF Step forward
- 28 RF 1/8 Turn L, Step forward (7.30)
- 29 LF Step forward
- 30 RF ¼ Turn R, Step forward (10.30)

SIDE ROCK, HOLD, FULL TURN R

- 31 LF 1/8 Turn R, Step L (12.00)
- 32 RF Step R
- 33 Hold

- 34 LF Cross over RF
- 35 LF Start Full Turn R
- 36 LF End Full Turn R, RF Sweep backwards

BASIC BACKWARDS, ¼ TURN L, CHASSE R

- 37 RF Step backwards
- 38 LF Step backwards
- 39 RF Step forward
- 40 LF ¼ Turn L, Step forward (9.00)
- 41 RF Step R
- & LF Step together
- 42 RF Step R (9.00)

BACKWARDS, ¼ TURN R, ROCK STEP, ½ PIVOT TURN R

- 43 LF Step backwards
- 44 RF ¼ Turn R, Step forward (12.00)
- 45 LF Step forward
- 46 RF Step forward
- 47 LF Recover weight
- 48 RF ½ Pivot Turn R, Step forward (6.00)

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