

Life I'm Livin'

COPPER KNOB
BY STEPHEN HETS

拍數: 32 牆數: 4 級數: Easy Intermediate
編舞者: Glenda Silver (AUS) - May 2021
音樂: Life I'm Livin' - Adam Sanders : (Single)



DANCE: Counter Clockwise

INTRO: 16 counts before vocals

(1-8) Rock Right, Replace, Behind Side Cross Right, Rock Left, Replace, Behind Side, Left heel 450

123&4 Rock side R, replace onto L, step R behind L, (&) step side L, cross R over L
567&8 Rock side L, replace onto R, step L behind R, (&) step side R, Left heel 450 (12.00)

(9-16) Together Left, Right Heel 450, Together Right, Left heel 450, Coaster Back Left, Shuffle Forward RLR, Shuffle Forward LRL *

&1&2 Left heel tog (&), R heel 450, R heel tog (&), L heel 450
3&4 Step back L, tog R (&), step Fwd L
5&6 Shuffle Fwd RLR
7&8 Shuffle Fwd LRL (12.00)

(17-24) Pivot 1/2 Left, Pivot 1/4 Left, Rock Forward Right, replace, 1/2 Turn Right, Shuffle RLR **

1234 Step Fwd R, 1/2 pivot L (weight on L), step Fwd R, 1/4 pivot L (weight on L)
567&8 Rock fwd R, replace onto L, 1/2 turn R, shuffle Fwd RLR (9.00)

(25-32) Rock Forward Left, Replace, 1/2 Turn Left, Shuffle LRL, Rock Forward Right, Replace, Coaster back Right, Together Left (&)

123&4 Rock fwd L, replace onto R, 1/2 turn L, shuffle Fwd LRL
567&8& Rock Fwd R, replace onto L, step back R, tog L (&), step fwd R, tog L (&) (3.00)

Restart * Wall 2, Dance to count 16, will be facing 3.00

Finish ** Facing 3.00, Dance to count 24, end facing 12.00

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