

Avant Toi

拍數: 64 牆數: 2 級數: Phrased Advanced
編舞者: Kevin Formosa (AUS) - April 2021
音樂: Avant toi - Vitaa & Slimane : (iTunes- Single)



Intro: 32 Counts

Sequence: A, Tag 1, B, Tag 2, A, Tag 1, B, Tag 2*, B*, B, Tag 2

Part A:

[1-8] Fwd, Rock ½ L, Full Turn, ¼ Turn, weave, Cross Rock, Side, Cross

1,2& Step R fwd, Rock fwd L, Recover weight R
3,4& 1/2 L Stepping L fwd, ½ L Stepping R back, ½ L Stepping L fwd (6.00)
5,6& 1/4 L Stepping R to R side, Step L behind R, Step R to R side
7&8& Rock L across R, Recover weight R, Step L to L side, Step R across L (3.00)

[9-16] Nightclub Basic, Spiral ¾, Runaround, Cross, Side Rock, Cross

1,2& Step L to L side, Rock R slightly behind L, Recover weight L
3,4&5 Step R to R side Spiral turning ¾ L, Runaround ½ L Stepping L, R, L
6,7,8& Cross R over L, Rock L to L side, Recover weight R, Step L across R (12.00)

[17-24] Diamond, Nightclub Basic, Full Turn

1,2& Step R to R side, 1/8 L stepping L back, Step R back
3,4& 1/8 L stepping L to L side, 1/8 L stepping R fwd, Step L fwd
5,6,7 Step R to R side, L slightly behind R, Step R across L
8& 1 ¼ R stepping L back, ½ L stepping R fwd (1/4 L Stepping L to L side to start Nightclub Basic count 1) (6.00)

[25-32] Nightclub Basic, Vine ¼ R, Pivot ½ R, Step Fwd, Full Turn

1,2& Step L to L side (finishing full turn), Rock R slightly behind L, Recover L
3,4& Step R to R side, Step L behind R, 1,4 R stepping R fwd
5,6,7 Step L fwd, Pivot ¼ R weight R, Step L across R
8&1 ¼ L Stepping R back, ½ L Stepping L fwd, ¼ L Stepping R to R side

(Count 1 will start a Nightclub Basic)

Tag 1: 8 Counts

[1-8] Nightclub Basic R and L, ¼ R, ½ Pivot, ¼ Sway LR

1,2& Step R to R Side, Rock L slightly behind R, Recover R
3,4& Step L to L Side, Rock R slightly behind L, Recover L
5,6& ¼ R Stepping R fwd, Step L Fwd, Pivot ½ R (9.00)
7,8 ¼ R Stepping L to L Side while swaying to L, Sway to R

(Tag 1 is always danced after part A)

Part B

[1-8] Prep ¼ L, 1 ½ Turn R, Cross, Side, Back 1/8, Back RL, Sway

1,2&3 Sway L rotating upper body to face ¼ L, 1 ½ Turn R Stepping RLR letting L foot sweep from back to front (3.00)
4&5 Step L across R, Step R to R Side, 1/8 L Step L back with a slight releve Pointing R toe fwd allowing R foot to rise slightly off the floor (1.30)
6& Step R back, Step L back
7,8 Step R back swaying back, Sway fwd weight L (allow the upper body to rotate right and L as you sway as if looking to the back and front. Finishing with upper body rotated to the front) (12.00)

[9-16] Full Turn with Ronde, Weave side rock Cross, Side rock cross x2

- 1 Full turn R on the L foot, allowing R foot to sweep from front to back
- 2&3 Step R behind L, L to L side, R across L
- &4& Rock L to L side, Recover R, Step L across R
- 5,6& * Rock R to R side (slight elevation onto ball of foot), Recover L, Step R across L
- 7,8& Rock L to L side (slight elevation onto ball of foot) Recover R, Step L across R

B* short wall, dance up until 6&, then Sway L and R, and Restart B

[17-24] Diamond, Arabesque 3/8 turn, 1/2 Turn, 1/4 Turn Nightclub Basic

- 1,2& Step R to R side, make 1/8 turn L stepping L back diagonal, step R back diagonal
- 3,4& Make 1/8 turn L stepping LF to L (9.00) 1/8 L stepping RF forward, step LF forward (7.30)
- 5,6& Make 3/8 turn L lifting RF back (or touch RF back) step back on RF, make 1/2 turn L stepping LF forward
- 7,8& 1/4 R stepping R to R side, Rock L slightly behind R, Recover weight R (6.00)

[25-32] Vine L, Pivot 1/2 L, Full Turn with Ronde, Behind-Side-Cross, Step

- 1,2& Step L to L side, Step R behind L, Step L to L side
- 3,4 Step R fwd, Pivot 1/2 L weight L (12.00)
- 5 Full turn R on the L foot, allowing R foot to sweep from front to back
- 6&7 Step R behind L, L to L side, R across L, sweeping L foot back to front
- 8 Step L across R

Tag 2: 16 Counts

[1-8] Nightclub Basic R and L, 1/4 R, 1/2 Pivot, 1/4 Sway LR

- 1,2& Step R to R Side, Rock L slightly behind R, Recover R
- 3,4& Step L to L Side, Rock R slightly behind L, Recover L
- 5,6& 1/4 R Stepping R fwd, Step L Fwd, Pivot 1/2 R (9.00)
- 7,8 1/4 R Stepping L to L Side while swaying to L, Sway to R

(Tag 2 is always danced after part B)

[9-16] - Repeat counts 1 - 8 on the L side

Tag 2* The second time the tag is danced replace sway RL with a side drag to the R. Then restart B

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