

# Hero in You

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 2      級數: Beginner  
編舞者: Claire Bell (UK) - May 2021  
音樂: Hero - Afrojack & David Guetta : (Single)



**Intro: 16 counts - No tags or restarts !**

**Section 1: Walk, forward coaster, shuffle ½ turn, step, pivot, step**

1                    Walk forward on right  
2&3                Step forward on left, step right next to left, step back on left  
4&5                ½ turn right stepping right forward, step left next to right, step forward on right  
6,7,8              Step forward on left, pivot ½ turn right, step forward on left (12.00)

**Section 2: Side rock, side rock ¼ turn, jazz box cross**

1,2                Rock right to right side (using hips), recover weight on left  
3,4                Rock right to right side making ¼ turn left (using hips), recover weight on left  
5,6                Cross right over left, step back on left  
7,8                Step right to right side, cross left over right (9.00)

**Section 3: Side ,drag, cross rock, shuffle ¼ turn ,rock, recover**

1,2                Big stride on right to right side, drag left up to right  
3,4                Cross rock left over right, recover weight on right  
5&6                Make ¼ turn left stepping left forward, step right next to left, step forward on left  
7,8                Rock forward on right, recover weight on left (6.00)

**Section 4: Walk back, walk back, coaster step, kick and touch, down, up**

1,2                Step right back (option - sweep left round from front to back), step left back (option -sweep right round from front to back)  
3&4                Step back on right, step left next to right, step forward on right  
5&6                Kick left forward, step back on left, touch right toe forward (weight on left)  
7,8                Dip down (bend knees), straighten up (weight on left) and hook right above left shin

**Ending: Wall 11, section 2, counts 5-8, jazz box ¼ turn right to face front.**

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