

Tell Him

拍數: 32 牆數: 2 級數: Beginner
編舞者: Melissa Rachman (INA) - May 2021
音樂: Tell Him (Glee Cast Version) - Glee Cast



Intro : 8 Counts

Restart : After 16 Counts, on Wall 2 and Wall 4

Section 1: SMALL JUMP R - CLOSE - HEELS UP - HEELS DOWN - (KICK-CLOSE)L-R - SMALL JUMP L - CLOSE - HEELS UP - HEELS DOWN - (KICK-CLOSE)R-L

- 1 - & - 2 - & (1) Small jump R to side, (&) Close L beside R, (2) Lift both heels up, (&) Drop both heels down
3 - & - 4 - & (3) Kick L forward, (&) Close L beside R, (4) Kick R forward, (&) Close R beside L
5 - & - 6 - & (5) Small jump L to side, (&) Close R beside L, (2) Lift both heels up, (&) Drop both heels down
7 - & - 8 - & (7) Kick R forward, (&) Close R beside L, (4) Kick L forward, (&) Close L beside R

Section 2: V STEP - K STEP

- 1 - 2 (1) Step R diagonal forward right, (2) Step L diagonal forward left
3 - 4 (3) Step R back to center, (4) Close L beside R
5 - & - 6 - & (5) Step R diagonal forward right, (&) Touch L beside R, (6) Step L diagonal back left, (&) Touch R beside L
7 - & - 8 - & (7) Step R diagonal back right, (&) Touch L beside R, (8) Step L diagonal forward left, (&) Touch R beside L

#RESTART HERE AFTER 16 COUNTS ON WALL 2 AND WALL 4

Section 3: JAZZ BOX ¼ TO RIGHT- FLICK ¼ TO RIGHT (L-R-L-R-L) - CLOSE

- 1 - 2 (1) Cross R over L, (2) Step L back
3 - 4 (3) ¼ Turn right step R to side <3:00>, (4) Close L beside R
5 - & - 6 (5) Flick L back (quick kick L back-backheel up with flexed knee and pointed toe), (&) 1/8 turn right <4:30> flick R back, (6) 1/8 turn right <6:00> flick L back
7 - & - 8 (7) Flick R back, (&) Flick L back, (8) Close L beside R

Section 4: FLICK R - CROSS TOUCH - FLICK R - CLOSE - FLICK L - CROSS BEHIND TOUCH - FLICK L - CLOSE - CHARLESTON STEP

- & - 1 - & - 2 (&) Flick R to side, (1) Touch R toe over L, (&) Flick R to side, (2) Close R beside L
& - 3 - & - 4 (&) Flick L to side, (3) Touch L toe behind R, (&) Flick L to side, (4) Close L beside R
5 - 6 (5) Step R forward, (6) Touch L forward
7 - 8 (7) Step L back, (8) Touch R back