

# My Arms Are Waiting For You

**COPPER KNOB**  
BY STEPHEN T. C.

拍數: 32      牆數: 2      級數: Beginner  
編舞者: Pat Newell (USA) - 25 May 2021  
音樂: Baby Confess - Leland Martin



#16 in

## ROCK BACK, RECOVER, TRIPLE 1/2 LEFT, ROCK BACK RECOVER, TRIPLE 1/4 RIGHT

1,2 3&4      Rock back on R, recover on L, triple step to 1/2 wall L 6:00  
5,6 7&8      Rock back on L, recover on R, triple step to 1/4 wall R 9:00

## ROCK BACK, RECOVER, TRIPLE 1/2 LEFT, ROCK BACK RECOVER, TRIPLE 1/4 RIGHT

1,2 3&4      Rock back on R, recover on L, triple step to 1/2 wall L 3:00  
5,6 7&8      Rock back on L, recover on R, triple step to 1/4 wall R 6:00

## RUMBA BOX,

1-4      Step R, L together, step R back touch L  
5-8      Step L, R together, step L fwd , scuff R

## JAZZ BOX, HIP SWINGS

1-4      Step R over L, step on L, step on R, step L slightly fwd  
5-8      Swing hips, R, L, R, L

Start Again

DANCE FOR THE HEALTH OF IT

---