

# Feel Like Dancing!

**COPPER KNOB**  
BY STEPHEN HETS

拍數: 64      牆數: 2      級數: Phrased Easy Intermediate  
編舞者: Lalita Atikandhari (INA), Melissa Rachman (INA) & Angraini Loren (INA) - May 2021  
音樂: Flashdance...What a Feeling - Irene Cara



**Intro 88 Counts - No Tag No Restart**

**Sequence: A-B-B-A-A-B-A-B-B-A**

## **Section A.1 - TOE STRUTS (R-L) - KICK BALL TOUCH (R-L)**

1 - 2            (1) Touch R toe forward, (2) Drop R heel in place  
3 - 4            (3) Touch L toe forward, (4) Drop L heel in place  
5 - & - 6        (5) Kick R forward, (&) R back together beside L ball first, (6) Touch L to side  
7 - & - 8        (7) Kick L forward, (&) L back together beside R ball first, (8) Touch R to side

## **Section A.2 - SWEEP (R-L) - ANCHOR STEP - BODY WAVE - HITCH - FORWARD LOCK SHUFFLE**

1 - 2            (1) Sweep R from front to back (weight on L knee slightly bent), (2) Sweep L from front to back (weight on R knee slightly bent)  
3 - & - 4        (3) Step R behind L, (&) Recover on L, (4) Recover on R  
5 - 6            (5) Move body like waves from head-shoulder-chest-stomach-hip, (6) Lift L knee - weight on R  
7 - & - 8        (7) Step L forward, (&) Cross R behind L, (8) Step L forward

## **Section A.3 - VINE - (HEEL DROP - CLOSE - TOUCH) 2x**

1 - 2            (1) Step R to side, (2) Cross L behind R  
3 - 4            (3) Step R to side, (4) Touch L to side  
5 - & - 6        (5) Drop L heel in place, (&) Close R beside L, (6) Touch L to Side  
7 - & - 8        (7) Drop L heel in place, (&) Close R beside L, (8) Touch L to Side

## **Section A.4 - HITCH - TOUCH - ¼ SAILOR STEP - ¼ PIVOT - WALK (R-L)**

1 - 2            (1) Lift L knee diagonal right, (2) Touch L to side  
3 - & - 4        (3) Turn ¼ to left cross L behind R <9:00>, (&) Step R to side, (4) Step L to side  
5 - 6            (5) Step R forward, (6) Turn ¼ to left <6:00> step L in place  
7 - 8            (7) Step R forward, (8) Step L forward

## **Section B.1 - (SIDE - TOUCH BEHIND) R-L - FULL BACK UNWIND - SLIDE**

1 - 2            (1) Step R to side, (2) Cross touch L behind R  
3 - 4            (3) Step L to side, (4) Cross touch R behind L  
5 - 6            (5,6) Make full turn to right  
7 - 8            (7) Slide L to side, (8) Touch R beside L

## **Section B.2 - KNEE POP (L-R) 2x - TOUCH (L-R) - FULL HIP ROLL**

1 - 2            (1) Bent L knee toward R, (2) Bent R knee toward L  
3 - 4            (3) Bent L knee toward R, (4) Bent R knee toward L  
5 - & - 6        (5) Touch L to side, (&) Close L beside R (6) Touch R to side  
7 - 8            (7,8) Roll hip from right to right

## **Section B.3 - SYNCOPATED WEAVE - ROLLING TURN - TOUCH**

1 - 2            (1) Cross L over R, (2) Step R to side,  
3 - & - 4        (3) Cross L behind R, (&) Step R to side, (4) Touch L to side  
5 - 6            (5) ¼ Turn to left - step L forward, (6) ½ Turn to left - step R back  
7 - 8            (7) ¼ Turn to left step L to side, (8) Touch R beside L

**Section B.4 - PIVOT ½ TO LEFT - FLICK R - WALK (R-L) - CHARLESTON STEP**

- 1 - 2 (1) Step R forward, (2) ½ Turn to left with quick kick R backward (backheel up with flexed knee and pointed toe)
- 3 - 4 (3) Step R forward, (4) Step L forward
- 5 - 6 (5) Step R forward, (6) Touch L forward
- 7 - 8 (7) Step L back, (8) Touch R back
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