

B.O.Y (Because Of You)

COPPER KNOB
BY SHEETS

拍數: 64 牆數: 2 級數: Advanced
編舞者: EWS Winson (MY) - May 2021
音樂: Because of You - Ne-Yo



Intro: 40 counts in (approx. 0.22 sec)

#1 (1-8) Which-A-Way, L Close

- 1&2 Weight on LF: Step RF to R side (1), flicking LF out to L side slightly in a circular motion (&), lift L knee in the air (2) 12.00
- 3&4 Step LF to L side (3), flicking RF out to R side slightly in a circular motion (&), lift R knee in the air (4) 12.00
- 5&6& Step RF to R side flicking LF out to L side slightly in a circular motion (5), lift L knee in the air (&), step LF to L side flicking RF out to R side slightly in a circular motion (6), lift R knee in the air (&) 12.00
- 7&8 Step RF to R side flicking LF out to L side slightly in a circular motion (7), lift L knee in the air (&), close LF beside RF (8) 12.00

#2 (9-16) R-L Kick Ball Knee Split, R Cross, L Side, R Close, L Cross Shuffle

- 1&2& Kick RF forward (1), step RF in place (&), split both knees outward (2), return both knees (&) 12.00
- 3&4& Kick LF forward (3), step LF in place (&), split both knees outward (4), return both knees (&) 12.00
- 5-6& Cross RF over LF (5), step LF to L side (6), close RF next to LF (&) 12.00
- 7&8 Cross LF over RF (7), step RF to R side (&), cross LF over RF (8) 12.00

#3 (17-24) R Side, L Close, R&L Heel Bounce, L Knee Roll ¼ (L), R Knee Roll Inward, R-L Moonwalk

- 1-2 Step RF to R side (1), close LF next to RF (2) - slightly facing R diagonal 12.00
- &3&4 Lift both heels off the ground (&), return heels in place (3), lift both heels off the ground (&), return heels in place (4) - make it flexible 12.00
- 5-6 Roll L knee out to L side turning ¼ L and step LF in place (5), roll R knee inward towards LF with R toes touching the ground (6) - slightly pop R knee forward 9.00
- 7-8 Press R toes on the spot and drop R heel in place while gliding LF back (7), press L toes on the spot and drop L heel in place while gliding RF back (8) 9.00

#4 (25-32) R Back, L Coaster Step, R Forward, L Pivot ½ (R), L-R Triple ¾ (L)

- 1 Step RF back (1) 9.00
- 2&3 Step LF back (2), close RF beside LF (&), step LF forward (3) 9.00
- 4 Step RF forward (4) 9.00
- 5-6 Step LF forward (5), turn ½ R over R shoulder (6) - transfer weight onto RF 3.00
- 7&8 Make a triple ¾ L over L shoulder stepping LF-RF-LF on the spot (7-&-8) 6.00

#5 (33-40) R-L Forward Walk, R Anchor Step, L Shuffle ½ (L), R Shuffle ½ (L)

- 1-2 Walk forward on RF-LF (1-2) 6.00
- 3&4 Lock RF behind LF (3), step LF in place (&), step RF back (4) 6.00
- 5&6 Turn ½ L stepping LF forward (5), close RF next to LF (&), step LF forward (6) 12.00
- 7&8 Turn ½ L stepping RF back (7), lock LF over RF (&), step RF back (8) 6.00

#6 (41-48) ¼ (L) with L Side, R Side Point, R Side, L Cross, R Side Chasse, L Drag, L Side, R Drag, R Side

- 1-2 Turn ¼ L stepping LF to L side (1), point R toes to R side with R knee slightly bent inward (2) 3.00
- 3-4 Step RF to R side (3), cross LF over RF (4) 3.00

5&6& Step RF to R side (5), close LF next to RF (&), step RF to R side (6), drag L toes towards RF (&) 3.00

7&8 Step LF to L side (7), drag R toes towards LF (&), step RF to R side (8) 3.00

#7 (49-56) L Lock Unwind Full Turn (L), R Side Rock Cross, L Side, R Hitch, ¼ (R) with R Side, L Hitch

1-2 Lock LF behind RF (1), make a full turn L over L shoulder with LF in place (2) 3.00

3&4 Rock RF to R side (3), recover weight on LF (&), cross RF over LF (4) 3.00

5-6 Step LF to L side (5), lift R knee beside LF (6) 3.00

7-8 Turn ¼ R stepping RF to R side (7), lift L knee beside RF (8) 6.00

#8 (57-64) L Ball, R Forward, L Pivot ½ (R), ½ (R) with L Back, R&L Mashed Potatoes, L Close

&1 Step LF in place (&), step RF forward (1) 6.00

2-4 Step LF forward (2), turn ½ R over R shoulder (3), turn another ½ R stepping LF back (4) 6.00

&5&6 Swivel both heels out (&), swivel both heels in while stepping RF behind LF (5), swivel both heels out (&), swivel both heels in while stepping LF behind RF (6) 6.00

&7-8 Swivel both heels out (&), swivel both heels in while stepping RF behind LF (7), close LF beside RF (8) 6.00

Tag here at the end of Wall 2 and Wall 4. Begin the dance again, both facing 12.00 o'clock.

R Forward, L Pivot ½ (R), ½ (R) with L Back, R&L Mashed Potatoes, L Close

1-4 Step RF forward (1), step LF forward (2), turn ½ R over R shoulder (3), turn another ½ R stepping LF back (4)

&5&6 Swivel both heels out (&), swivel both heels in while stepping RF behind LF (5), swivel both heels out (&), swivel both heels in while stepping LF behind RF (6)

&7-8 Swivel both heels out (&), swivel both heels in while stepping RF behind LF (7), close LF beside RF (8)

Website: <https://sites.google.com/view/dancejournal>
