

Time Tradition

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Antonella Fedi (IT) - May 2021
音樂: Time Honored Tradition - Natalie Hemby



STEP-LOCK-STEP, TOUCH, POINT, TOUCH, TURN, STOMP

1-2-3-4 Right step fwd, lock left behind right, right step fwd, touch left beside right
5-6-7-8 Point left to left, touch left beside right, turn left and left step fwd, right stomp together

COASTER STEP, STOMP, STEP, STOMP, STEP, STOMP

1-2-3-4 Right step back, left together, right step fwd, left stomp beside right
5-6 Right step diagonally fwd, left stomp beside left
7-8 Left step diagonally back, right stomp together

SCISSOR STEP, HOLD, STEP, TURN, STEP, STOMP

1-2-3-4 Right step diagonally back, left together, right step fwd, hold
5-6-7-8 Left step fwd, turn ½ right, left step fwd and turn ¼ right, right stomp together

COASTER STEP, STOMP, ROCK STEP, ROCK BACK

1-2-3-4 Right step back, left together, right step fwd, left stomp beside right
5-6-7-8 Right rock step, recover on left, right rock back, recover on left

STEP, TURN, POINT, HOOK, GRAPEVINE RIGHT, STOMP

1-2-3-4 Right step fwd, turn ½ left, point right toe to right, right hook over left knee
5-6-7-8 Right to right, cross left behind right, right to right, left stomp together

LEFT, STOMP, RIGHT, STOMP, POINT, POINT, POINT, HOOK

1-2-3-4 Left to left, right stomp together, right to right, left stomp together
5-6-7-8 Point left toe to left, point left toe fwd, point left toe to left, left hook behind right

GRAPEVINE LEFT, STOMP, STEP, STOMP, STEP, SCUFF

1-2-3-4 Left to left, cross right behind left, left to left, right stomp together
5-6 Right fwd and turn ¼ left, left stomp together
7-8 Turn ¼ left and left step fwd, right scuff fwd

CROSS, KICK, CROSS, KICK, ROCK BACK, STOMP, STOMP (Jumping)

1-2 Cross right over left and hook left behind right, left back and right kick fwd
3-4 Cross right over left and hook left behind right, left back and right kick fwd
5-6-7-8 Right rock back, recover on left, right stomp fwd, left stomp fwd

TAG & RESTART

At 4th wall after 14 counts: TAG 7-8 Turn ¼ left and left to left, right stomp together
then RESTART

REPEAT

HAVE FUN!!