

Lost in the Summer

拍數: 32 牆數: 4 級數: Improver
編舞者: Monica Bhasin (IND), Rhoda Lai (CAN), Rob Fowler (ES) & I.C.E. (ES) - May 2021
音樂: Lost in the Summer - Vidya Vox



Intro: 16 counts (approx. 11 secs) - Start on vocals

S1: R Samba, Cross Shuffle, R Mambo Forward, Behind L, Side R, Cross L

1&2 Cross R over L, rock L to L side (&), recover on R
3&4 Cross L over R, step R to R side (&), cross L over R
5&6 Rock R diagonally forward R towards 1:00, recover on L (&), step back on R 1:00
7&8 Sweep step L behind R straightening up to 12:00, step R to R side (&), cross L over R 12:00

S2: Side R, Rock Back, Recover, Side L, Rock Back, Recover, R Voltas $\frac{3}{4}$ Turn R

1,2& Step R to R side, rock back on ball of L, recover on R (&)
3,4& Step L to L side, rock back on ball of R, recover on L (&)

(Note: Counts 1-4& are done in the style of samba whisk)

5& Make $\frac{1}{4}$ turn R with small step forward R, step ball of L next to R (&) 3:00
6& Make $\frac{1}{4}$ turn R with small step forward R, step ball of L next to R (&) 6:00
7,8 Make $\frac{1}{4}$ turn R with small step forward R, point L to L side 9:00

S3: Cross L, Back R, Together L, Behind R, $\frac{1}{4}$ L, Step R, L Side Mambo, R Lock Step

1&2 Cross L over R, step back R (&), step L next to R
3&4 Cross R behind L, make $\frac{1}{4}$ turn L stepping L next to R (&), step forward R
(Note: Counts 1-4 are done in the style of a samba diamond) 6:00
5&6 Rock L to L side, recover on R (&), cross L over R
7&8 Step forward R, lock L behind R (&), step forward R

S4: L Rock, Recover, $\frac{1}{4}$ L, Point R, $\frac{1}{4}$ R Step R, L Mambo $\frac{1}{4}$ L, Paddle $\frac{1}{2}$ L

1,2& Rock forward L, recover on R, make $\frac{1}{4}$ turn L stepping L to L side (&) 3:00
3,4 Point R to R side, make $\frac{1}{4}$ turn R stepping R next to L and flick L back 6:00
5&6 Rock forward L, recover on R (&), make $\frac{1}{4}$ turn L stepping L to L side 3:00
7 Keeping weight on L make $\frac{1}{4}$ turn L pointing R to R side 12:00
&8 Low hitch with R (&), make another $\frac{1}{4}$ turn L pointing R to R side 9:00

Start Over

Last Update - 4 June 2021