

Bailar Remix

COPPER KNOB
BY STEPHEN

拍數: 48 牆數: 2 級數: Phrased Improver
編舞者: Vivin Rengga Dini (INA) - May 2021
音樂: Bailar (feat. Pitbull & Elvis Crespo) - Deorro



Sequence : ABB ABB ABB AB
Start after 20 count

PART A - 16c

Season 1 - STEP OUT R L , HIP ROLL , STEP IN R L , SHOLDER MOVE TO ROLL R L

1 2 Step R out - Step L out
3 4 hip roll R to L
5 6 Step R in - Step L together
7 8 Turn R Shoulder from forward to back - Turn L shoulder from forward to back

Season 2 - SIDE MAMBO R L , FORWARD STEP , PIVOT

1&2 Step RF to R side - recover LF - step RF beside to LF
3&4 Step LF to L side - recover RF - step LF beside to RF
5 6 Step RF forward LF - turn L ½
7 8 Step RF forward LF - turn L ½

PART B - 32c

Season 1 - WALK , LOCK STEP , TURN ½ L , SWEP , TOUCH

1-2 Step RF forward LF - step LF forward RF
3&4 Step RF forward LF - step LF behind RF - step RF forward LF
5 6 Step LF forward RF - step RF recover LF
7-8 Turn LF ½ to L - turn ½ L sweep RF and touch RF beside LF

Season 2 - SIDE TOGETHER , CASE, ROCK RECOVER , SAILOR TURN L ¼

1 2 Step RF to Side R - step LF to next RF
3&4 Step RF to side R - step LF to next RF - step RF to side R
5 6 Step LF Forward RF - step RF recover LF
7&8 Turn ¼ stepping LF behind RF with sweep - step RF to side R - LF in place

Season 3 - WALK R L R L (WITH CLAP) , FORWARD , ROCK RECOVER , TURN L ½ , FLICK

1 2 Walk RF forward LF with clapping - walk LF forward RF with clapping
3 4 Walk RF forward LF with clapping - walk LF forward RF with clapping
5 6 Rock RF Forward - recover LF
7 8 Rock RF Forward - turn L ½ stepping LF Forward with RF flick

Season 4 - ROCKING CHAIR , PEDDLE ¾ , TURN L ¼ , TOUCH

1 2 Step RF forward LF - recover LF
3 4 turn R ¼ step back RF - recover RF
5 6 turn L ¼ touch poin RF - turn L ¼ touch point RF
7 8 turn L ¼ touch poin RF - turn L ¼ touch RF beside LF

enjoy for dance

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