

Country Girl Shuffle

拍數: 32 牆數: 4 級數: Improver
編舞者: Bryttney Avella (USA) - May 2021
音樂: Country Girl Shuffle - The Maverick Mikel Knight



#4 Tags and No restarts

Heel Jack x2

1& Cross left over right, Step right back
2 Pop left heel out
&3& Step down on left, Cross right over left, Step left back
4 Pop right heel out

Step, Cross, Hold, Cross, Hitch ¼ Turn

&5 Step down on right, Cross left over right
6 Hold
&7 Step right out right, Cross left over right
8 Hitch right knee while making a ¼ turn left

Step, Hip Bumps, Coaster Step ¼ Turn

9& Step down on right, Bump hips right
10 Bump hips left
11& Step left behind right, Step right next to left
12 Step left forward making a ¼ turn left

Step ¼ Turn, Hip Bumps, Coaster Step ¼ Turn

13& Step down on right making a ¼ turn left, Bump hips right
14 Bump hips left
15& Step left behind right, Step right next to left
16 Step left forward making a ¼ turn left

Kick and Point x2

17& Kick right foot forward, Step right next to left
18 Point left foot left
19& Kick left foot forward, Step left next to right
20 Point right foot out right

Box Step ¼ Turn

21 Cross right over left
22 Step back on left
23 Step right out right with ¼ turn right
24 Step left next to right

Step, Roll, Coaster Step

25 Step forward on right
26 Body roll
27& Step back on right, Step left next to right
28 Step right forward

½ Turn, Kick, Coaster Step

29 Step back on left making a ½ turn right
30 Kick right foot

31& Step back on right, Step left next to right
32 Step forward on right

****TAG (DO TWICE) - AFTER 16 COUNTS - WALLS 4 & 9 & 11****

****AFTER WALL 5****

Sailor Step x2

1& Step left out left, Step right behind left
2 Step left out left
3& Step right out right, Step left behind right
4 Step right out right

Step, Touch, Slide

5 Step forward on left
6 Bend knees while touching right behind left
7 Step back on right
8 Slide left into right leaving weight on right

Charleston Steps

9 Point left foot forward
10 Step back on left
11 Point right foot back
12 Step forward on right

Scuff, Hitch ¼ Turn, Step, Slide

13 Scuff left foot
14 Hitch left knee with ¼ turn left
15 Step left out left
16 Slide right into left

Questions please email bmavella45@gmail.com

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