

People Break

拍數: 32 牆數: 4 級數: Improver
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音樂: People Break - Eric Church



Intro : 2 x 8

[1-8] ROCK FWD, COASTER STEP, TOUCH WITH KNEE IN , OUT OUT , TOGETHER, CROSS, SIDE

1-2 Rock right fwd, recover on left
3&4 Right step back, left next to right, right fwd
5&6 Touch left next to right (Knee IN), Left to left, Right to right
&7-8 Left next to right, Right cross over left, Left step to left side

[9-16] SAILOR ¼ TURN, ¼ TURN & TRIPLE SIDE, BACK ROCK & SIDE, BEHIND SIDE CROSS

1&2 Right cross behind left, ¼ turn right stepping left to left, Right fwd 3.00
3&4 ¼ turn right & Triple step left - right - left to left side 6.00
5&6 Rock back on right, recover on left, Right to right
7&8 Left cross behind right, Right to right, Left cross over right

Restart here - wall 3

[17-24] SIDE ROCK, BEHIND SIDE CROSS, SIDE ROCK, SAILOR ¼ TURN

1-2 Rock right to right side, recover on left
3&4 Right cross behind left, Left to left, Right cross over left
5-6 Rock left to left side, recover on right
7&8 Left cross behind right, ¼ turn left stepping right to right, Left step fwd 9.00

[25-32] STEP FWD, KICK BALL STEP LOCK STEP FWD, STEP ¼ CROSS, PIVOT 1/4, PIVOT 1/2

1 Right step fwd
2& Kick left fwd, left on ball next to right
3&4 Right fwd, Left « lock » behind right, Right fwd
5&6 Left fwd, ¼ turn right, Left cross over right 6.00
7-8 ¼ turn left stepping Right back, ½ turn left stepping Left fwd 9.00

Restart : On wall 3 after 16 counts (Facing 12,00)

HAVE FUN & SMILE !!