

Against The Wind

拍數: 68 牆數: 4 級數: Improver
編舞者: The Highlander (UK) - May 2021
音樂: Against the Wind - Bob Seger & The Silver Bullet Band



#16 Count Intro.

Sec 1: Forward Rock, Shuffle Back, Back Rock, Shuffle Forward.

1, 2 Rock Forward onto R, Recover onto L,
3&4 Step R back, Step L next to R, Step R back,
5, 6 Rock back onto L, Recover onto R,
7&8 Step L forward, Step R next to L, Step L forward,

Sec 2: Side R, Touch, Scissor Step, Side Rock, Behind ¼ left Step.

1, 2 Step R to right side, Touch L next to R,
3&4 Step L to left side, Step R next to L, Cross L over R,
5, 6 Rock to side onto R, Recover onto L,
7&8 Step R behind L, Turn ¼ left stepping L forward, Step R forward. (09.00)

Sec 3: Skate Forward L R, Left Shuffle Forward, Forward Rock, Coaster Step.

1, 2 Skate Forward L R,
3&4 Step L forward, Step R next to L, Step L forward ,
5, 6 Rock Forward onto R, Recover onto L,
7&8 Step R back, Step L next to R, Step R forward.

Sec 4: Forward Rock, Sailor ¼ Turn Left, Shuffle ½ Turn, Shuffle ½ Turn.

1, 2 Rock Forward onto L, Recover onto R,
3&4 Step L behind R, Turn ¼ left stepping R next to L, Step L Forward, (06.00)
5&6 Moving Forward ½ turn left stepping R,L,R,
7&8 Moving Back ½ turn left stepping L,R,L. (06.00)

Sec 5: Step ¼ Turn L, Cross Shuffle, Side L Touch, Right Scissor Step.

1, 2 Step R forward, Pivot ¼ left stepping onto L, (3.00)
3&4 Cross R over L, Step L close to R, Cross R over L,
5, 6 Step L to left side, Touch R next to L,
7&8 Step R to right side, Step L next to R, Cross R over L,

Sec 6: Side, Behind, Chassé ¼, Step Turn, Shuffle Forward.

1, 2 Step L to left side, Step R behind L,
3&4 Step L to left, Step R next to L, Turn ¼ left stepping L forward. (12.00)
5, 6 Step R forward, Pivot ½ turn left stepping onto L, (06.00)
7&8 Step R forward, Step L next to R, Step R forward.

Sec 7: 1/2 Turn, ½ Turn, Shuffle Forward, Forward Rock, Coaster Cross.

1, 2 Turn ½ right stepping L back, Turn ½ right stepping R forward,
3&4 Step L forward, Step R next to L, Step L forward,
5, 6 Rock Forward onto R, Recover onto L,
7&8 Step R back, Step L next to R, Cross R over L

Sec 8: Side Rock, Cross Shuffle, Side Rock, Cross Shuffle.

1, 2 Rock to Side onto L, Recover onto R,
3&4 Cross L over R,, Step R next to L, Cross L over R,

5, 6 Rock to Side onto R, Recover onto L,
7, 8 Cross R over L, Step L next to R, Cross R over L.

Sec 9 ¼ Turn Right, ½ Turn Right, Shuffle Forward

1, 2 Turn ¼ right Stepping L back, Turn ½ right Stepping R forward,
3& 4 Step L forward, Step R next to L, Step L forward.

Tag: 4 counts performed at the end of walls 2, 4

Rocking Chair.

1, 2 Rock forward onto R, Recover onto L,
3, 4 Rock back onto R, Recover onto L.

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