

Rap

拍數: 64 牆數: 2 級數: Phrased Improver
編舞者: Manullang Benedikta Manna (INA) & Anna Bax (INA) - May 2021
音樂: Rap - Putri Siagian



Sequence : *AA BB* (16 counts) RESTART *A* (16 counts) : Facing 12:00 *A* (16 counts) TAG (4 counts)
AA BBBB (22 counts)

Intro music on vocal 32 counts

PHRASED A

S1. SCISSOR STEP - CROSS SHUFFLE (R-L)

1 - 2 Step R to side, Step L together
3 & 4 Cross R over left, Step L to side, Cross R over left
5 - 6 Step L to side, Step R together
7 & 8 Cross L over right, Step R to side, Cross L over right

S2. PIVOT - TURN ½ R LOCK SHUFFLE - STEPPING BACK - MAMBO STEP

1 - 2 Step R forward, Turn ½ left Step L forward
3 & 4 Turn ½ right Step R backward, Lock L over right, Step R backward
5 - 6 Step L backward, Step R backward
7 & 8 Rock L backward, Recover on R, Rock L forward

S3. POINT TOUCH - CHASSE (R-L)

1 - 2 Touch R toe to side, Touch R beside left
3 & 4 Step R to side, Close L together, Step R to side
5 - 6 Touch L toe to side, Touch L beside right
7 & 8 Step L to side, Close R together, Step L to side

S4. PADDLE TURN - SIDE - KICK

1 - 2 Step R forward, Turn ¼ left Recover on left
3 - 4 Step R forward, Turn ¼ left Recover on left
5 - 6 Step R to side, Kick L diagonal forward
7 - 8 Step L to side, Kick R diagonal forward

PHRASED B

S1. CHASSE - CROSS ROCK - TURN ¼ R

1 & 2 Step R to side, Close L together, Step R to side
3 & 4 Step L to side, Close R together, Step L to side
5 - 6 Cross R over left, Recover on left
7 & 8 Step R to side, Close L beside right, Turn ¼ right forward (facing on 03:00)

S2. PIVOT - LOCK FWD - JUMP (R-L)

1 - 2 Step L forward, Turn ½ right forward
3 & 4 Step L forward, Lock R behind left, Step L forward
5 & 6 Step R diagonal forward with jump, Close L beside right with bumb, R in place
7 & 8 Step L diagonal forward with jump, Close R beside left with bumb, L in place

S3. BOTAFOGO (R-L) - TURN ¼ R CROSS SAMBA - FWD MAMBO

1 & 2 Cross R over left, Step L to side, R in place
3 & 4 Cross L over right, Step R to side, L in place
5 & 6 Cross R over left, Turn ¼ right Tap L to side, Step R in place (facing on 12:00)
7 & 8 Rock L forward, Recover on right, Stepping L back

S4. BACK MAMBO - PIVOT - SIDE MAMBO

1 & 2 Rock R backward, Recover on left, Step R forward
3 & 4 Step L forward, Turn ½ right R forward, Step L forward
5 & 6 Rock R side, Recover on left, Close R together
7 & 8 Rock L side, Recover on right, Close L together

TAG 4 counts

S1. FULL TURN PIVOT

1 - 2 Step R forward, Turn ½ left Step L forward
3 - 4 Step R forward, Turn ½ left Step L forward

Enjoy your dance! ♥
Thank you very much...

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