

# The Bayou

拍數: 48      牆數: 4      級數: High Beginner  
編舞者: Deb Eldridge (USA) - May 2021  
音樂: In The Bayou - Laine Hardy



Restart on wall 3 after 16 counts

## [1-8] Toes strut Hips Bumps

1-2            Right toe, heel - bumping hips  
3-4            Left toe, heel - bumping hips  
5-6            Right toe, heel - bumping hips  
7-8            Left toe, heel - bumping hips

## [9-16] Rock Recover, 1/2 turn shuffle, Step back 1/2, together, coaster step.

9-10           Right foot rock forward, recover on left foot  
11&12        1/2 turning Shuffle R,L,R  
13-14        Step Left 1/2, Right foot Together next to left  
15&16        Left Coaster step (left foot back, right foot together, left foot forward)

\*\*\*\* Restart here on Wall 3\*\*\*\*

## [17-24] Grapevine with a cross, side rock, behind and cross

17-20        Step Right foot to the side, Left foot behind, Right foot to the side, Cross Left for over Right  
21-22        Right foot Rock to the side, recover Left foot  
23&24        Right foot behind, left foot to the side, right foot cross in front of left

## [25-32] Heel grind 1/4 turn left, coaster step, step forward, touch (1 clap), step back, touch (2 claps)

25-26        Left heel forward, grind 1/4turn left  
27&28        Left coaster step (left foot back, right foot together, left foot forward)  
29-30        step right foot forward on an angle and clap  
31-32        step left foot back on an angle and clap 2 times

## [33-40] Lindy right and left

33&34        Step side together, side R,LH,  
35-36        Rock back Left foot, Recover Right Foot  
37&38        Step side together, side L,R,L  
39-40        Rock back Right foot, Recover Left Foot

## [41-48] 2 Kickball change, 2 Pivot 1/2 turns

41&42        Kick right foot forward, step right foot, step left foot  
43&44        Kick right foot forward, step right foot, step left foot  
45,46        Step right foot forward, pivot 11/2turn  
47, 48        Step right foot forward, pivot 11/2turn