

I Can Be

拍數: 32 牆數: 4 級數: Beginner
編舞者: Frank Heelan (IRE) & Debbie Curran (IRE) - May 2021
音樂: I Can Be That Something - Alan Jackson



Intro: 16 Counts.

Sec 1: Walk, walk, shuffle, step ½ turn, shuffle.

1-2 Walk forward right, left.
3&4 Step forward right, left together, forward right.
5-6 Step forward left, pivot ½ right. (weight to right)
7&8 Step forward left, right together, forward left. (6.00)

Sec 2: Step ½ turn, shuffle, side rock recover, behind side cross.

1-2 Step forward right, pivot ½ left. (weight to left)
3&4 step forward right, left together, forward right.
5-6 Rock left to left, recover to right.*
7&8 Step left behind, right to right, cross right over left. (12.00)

Sec 3: Side rock recover, sailor ¼ turn, rock recover, coaster step.

1-2 Rock right to right, recover to left.
3&4 Turn ¼ right sweeping right behind, step left to left, recover to right. (3.00)
5-6 Rock forward left, recover to right.
7&8 Step back left, right together, forward left.

Sec 4: Step ½ turn, shuffle, rock recover, coaster step.

1-2 Step forward right, pivot ½ left. (weight to left) (9.00)
3&4 Step forward right, left together, forward right.
5-6 Rock forward left, recover to right.
7&8 Step back left, right together, forward left

Step change & restart: * Wall 5 dance 14 counts drop the behind side cross and replace it with a left coaster step and restart facing 12.00

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