She Bop

拍數: 64

級數: High Beginner

編舞者: Choi Yoon Jeong (KOR) - May 2021

音樂: She Bop - Cyndi Lauper

Intro: 32 counts.

Tags: End of Walls 3(start facing 9:00), 6(start facing 6:00)

S8 Repeat: Cross touch, Side, Cross touch, Side, Jazz box

S1. ELVIS KNEES, 1/4R ELVIS KNEES

- 1-4 RKnee in, out, Lknee in, out
- 5-8 RKnee in, 1/4 turn to right knee out, Lknee in, out (3:00)

S2. FWD, TOUCH, 1/2L, TOUCH, FWD, TOUCH, 1/2L, TOUCH

- 1-4 RF forward, LF touch, 1/2 turn to left LF forward, RF touch
- 5-8 Repeat

S3. ELVIS KNEES, 1/4R ELVIS KNEES

- 1-4 RKnee in, out, Lknee in, out
- 5-8 RKnee in, 1/4 turn to right knee out, Lknee in, out (6:00)

S4. FWD SHUFFLE, SHUFFLE, ROCKING CHAIR

- 1&2 RF forward, LF beside RF, RF forward
- 3&4 LF forward, RF beside LF, LF forward
- 5-8 RF forward, LF recover, RF back, LF recover

S5. 1/4R JAZZ BOX CROSS, VINE 1/4R SIDE

- 1-4 RF cross over LF, LF 1/4 turn to right LF back, RF side, LF cross over RF (9:00)
- 5-8 LF side, RF behind LF, LF 1/4 turn to right RF side, LF side (12:00)

S6. BACK - TOUCH/SHIMMY R-L-R-L

1-4 RF back, LF touch forward/Shimmy, LF back, RF touch forward/Shimmy5-8 Repeat

S7. SIDE SHUFFLE, ROCK &, SIDE SHUFFLE, 1/4R ROCK, RECOVER

- 1&2 3 4 RF side, LF beside RF, RF side, LF back, RF recover
- 5&678 LF side, RF beside LF, LF side, 1/4 turn to right RF back, LF recover (3:00)

S8. CROSS TOUCH, SIDE, CROSS TOUCH, SIDE, JAZZ BOX

- 1-4 RF cross touch, RF side, LF cross touch, LF side
- 5-8 RF cross over LF, LF back, RF side, LF forward

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牆數:4