Bang Bang Baby

拍數: 32

級數: High Beginner

編舞者: Val Saari (CAN) - May 2021

音樂: Bang Bang - Rita Ora & Imanbek

Intro: 16 counts. Begin on the word "Ooh"

WALK FORWARD (RLR) KICK LF FWD, SHUFFLE BACK, RF ROCK BACK/RECOVER

- Walk forward, RF, LF 1-2
- 3-4 Walk forward RF, Kick LF
- 5&6 Shuffle back LRL
- 7-8 RF Rock back, LF recover

JAZZ BOX CROSS, HEEL TWISTS RLRL

- Cross RF over L, Step LF back 1-2
- Step RF right, Cross LF over R 3-4
- 5-6 Step RF right and twist heels Right, Twist heels Left
- Twist heels Right, Twist heels Left 7-8

RF BEHIND CROSS-ROCK/RECOVER, SIDE SHUFFLE, LF BEHIND CROSS-ROCK/RECOVER 1/4 L, SHUFFLE FWD

- 1-2 RF rock behind L, LF recover
- 3&4 Side Shuffle to right (RLR)
- 5-6 LF rock behind R 1/4 turn left, RF recover
- 7&8 Shuffle forward LRL

MAMBO RIGHT, MAMBO LEFT, STOMP TWICE

- 1-2 RF Rock side right, LF recover
- 3-4 RF close together beside LF, hold
- 5-6 LF Rock side left, RF recover
- 7-8 Stomp LF twice (weight on LF on count 8)

SUGGESTIONS

You might use the two index fingers to do a pretend gun shot on the kick. You might alternate pretend gun shots (index finger)to coincide with the twists. Use your imagination :)

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牆數: 4