

# Amor Y Dolor

COPPER KNOB  
BYEBSHETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Caecilia M Fatruan (INA) - May 2021  
音樂: Amor Y Dolor - Carlos Baute



Dance Start, at the first verse.. Restart on Wall 4 & 8 only 16 count

## S1. SIDE ROCK, RECOVER, CHASSE 2x, RIGHT & LEFT

1-2            RF step to the R side, recover on LF  
3&4           RF step to the R side, LF close (&), RF step to R side  
5-6           LF step to the L side, recover on RF  
7&8           LF step to the L side, RF close (&), LF step to L side

## S2. MAMBO R&L, WEAWE

1&2           RF back rock, recover on LF (&), RF replace  
3-4           LF back rock, recover on RF (&), LF replace  
5&6&        RF step in front of LF, LF step to L side (&) RF step behind LF, LF step side (&)  
7&8           RF step in front of LF, LF step to L side (&), RF step behind LF

## S3. CROSS ROCK 3X, ¼ TURN LEFT, VOLTA HALF TURN RIGHT

1&2&        LF step cross in front of RF, RF step to the R side (&) LF step cross in front of RF, RF step side (&)  
3&4           LF step cross in front of RF, RF step R side (&), make 1/4 turn Left, RF step to the L side  
5&6&        RF step fwd, LF Close (&), RF step Fwd while 1/4 turn R, LF close (&)  
7&8           RF step fwd while ¼ turn R, LF close (&) RF step fwd

## S4. RUMBA BOX FWD, ROCK RECOVER, HALF TURN SHUFLE

1&2           LF step to the L side, RF close (&), LF step fwd  
3&4           RF step to the R side, LF close (&) RF step fwd  
5-6           LF step fwd, recover weight on L  
7&8           LF step to the L side, while ¼ turn L, RF close (&) LF step to the L side while ¼ turn L

Well Done..you did it

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