

Rocket

拍數: 64 牆數: 2 級數: Intermediate
編舞者: OliSien (BEL) - May 2021
音樂: Rocket - Mud



Intro & tag (44 counts)

S1 Out, out, hold, rock step back L, out, out, hold, rock step back R

&1-4 RF out(&), LF out(1) hold(2), LF backward, recover on RF
&5-8 LF out(&), RF out(5), hold(6), RF backward, recover on LF

S2 Rocking chair, pivot x2

1-2-3-4 RF forward, recover on LF, RF backward, recover on LF
5-6-7-8 Step RF forward, ½ turn L, step RF forward, ½ turn L

S3 Out, out, hold, rock step back L, out, out, hold, rock step back R

&1-4 RF out(&), LF out(1) hold(2), LF backward, recover on RF
&5-8 LF out(&), RF out(5), hold(6), RF backward, recover on LF

S4 Rocking chair, pivot x2

1-2-3-4 RF forward, recover on LF, RF backward, recover on LF
5-6-7-8 Step RF forward, ½ turn L, step RF forward, ½ turn L

S5 V Step, out out, hold

1-4 Step R heel out, step L heel out, step RF in, step LF in
5-8 Step RF out, step LF out, hold (x2)

S6 Hips

1-4 Hip R, L, R, L

Main dance

S1 Step, cross, step, cross, step, cross, step, touch (moving to the right)

1-2-3-4 Step RF to R side, cross LF behind RF, step RF to R side, cross LF behind RF
5-6-7-8 Step RF to R side, cross LF behind RF, step RF to R side, touch LF next to RF

S2 Pivot, step, hold, pivot, step, hold (x2)

1-2-3-4 Step LF forward, ½ turn R, step LF forward, hold with clap
5-6-7-8 Step RF forward, ½ turn L, step RF forward, hold with clap

S3 Step, cross, step, cross, step, cross, step, touch (moving to the left)

1-2-3-4 Step LF to L side, cross RF behind LF, step LF to L side, cross RF behind LF
5-6-7-8 Step LF to L side, cross RF behind LF, step LF to L side, touch RF next to LF

S4 Pivot, step, hold, pivot, step, hold

1-2-3-4 Step RF forward, ½ turn L, step RF forward, hold with clap
5-6-7-8 Step LF forward, ½ turn R, step LF forward, hold with clap

S5 Toe strut x4

1-2-3-4 R toe strut backwards, R heel down, LF toe strut backwards L heel down
5-6-7-8 R toe strut backwards, R heel down, LF toe strut backwards L heel down

S6 Vine to R, flick, vine to L, flick

1-2-3-4 Step RF to R side, cross LF behind RF, step RF to R side, flick LF

5-6-7-8 Step LF to L side, cross RF behind LF, step LF to L side, flick RF

S7 Full Heel turns x 4

1-2-3-4 ¼ R heel turn, recover on LF, ¼ R heel turn, recover on LF

5-6-7-8 ¼ R heel turn, recover on LF, ¼ R heel turn, recover on LF

S8 Hip swivels

1-8 Step RF forward, ½ turn L making hip swivels, ending with weight on LF (6.00)

Tag : after 3th wall (6.00)

At the end of the dance the music slows down, dance following steps :

Hips

1-4 Hips R, L, R, L

Pivot, shuffle or lockstep, pivot, shuffle or lockstep

1-2 Step RF forward, ½ turn L

3&4 step RF forward, cross LF behind RF, step RF forward

5-6 Step LF forward, ½ turn R

7&8 Step LF forward, cross RF behind LF, step LF forward

Pivot, prissy walks, step out out

1-2 Step RF forward, ½ turn L

3-4-5-6 Step RF in front of LF, step LF in front of RF, step RF in front of LF, step LF in front of RF

&7 RF out, LF out

Enjoy the dance!

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