

Bless My Soul

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Jeannette Tisch (NZ) - 29 April 2021
音樂: Elvis Blessed My Soul - The Dean Brothers



KICK BALL-CHANGE X 2, PIVOT TURNS

1 & 2 R Kick forward, R ball-step next to L
3 & 4 R Kick forward, R ball-step next to L
5 - 6 Step forward on R, ½ pivot Left
7 - 8 Step forward on R, ½ pivot Left

GRAPEVINE, TRIPLE-STEP R & L

1 - 2 Step R to R side, cross L behind R
3 & 4 Step R to R side, triple step, R,L,R
5 - 6 Step L to L side, cross R behind L
7 & 8 Step L to L side, triple step L,R,L

PIVOT TURNS, KICK-BALL CHANGE X 2

1 - 2 Step forward on R, ½ pivot Left
3 - 4 Step forward on R, ½ pivot Left
5 & 6 R kick forward, R ball-step next to L
7 & 8 R kick forward, R ball-step next to L

STEP-LOCK, BRUSH, STEP-LOCK TOUCH

1 - 2 Step forward on R, lock L behind R
3 - 4 Step forward on R, brush L forward
5 - 6 Step forward on L, lock R behind L
7 - 8 Step forward on L, touch R beside L

WALK BACK, R-L, COASTER STEP ½ PIVOT, SHUFFLE FWD

1 - 2 Walk back R, Left
3 & 4 Step back on R, step L beside R, step fwd on R
5 - 6 Step forward on L, ½ pivot R
7 & 8 Shuffle forward, L,R,L

FORWARD HEEL TAPS AND SIDE STEPS TO R

1 - 2 Touch R heel forward and hold
&3- 4 Step R beside L, step L to L side, touch R beside L
5 - 6 Touch R heel forward and hold
&7- 8 Step R beside L, step L to L side, close R beside L

FORWARD HEEL TAPS AND SIDE STEPS TO L

1 - 2 Touch L heel forward and hold
&3- 4 Step L beside R, step R to R side, touch L beside R
5 - 6 Touch L heel forward and hold
&7- 8 Step L beside R, step R to R side, close L beside R

MONTEREY'S & HEEL-TOUCH TURNS

1 - 2 Touch R toe to R side, turning ½ R on ball of L foot closing R next to L
3 - 4 Touch L toe to L side, closing L beside R
5 - 6 Touch R heel fwd, turning ½ R on ball of L foot closing R beside L
7 - 8 Touch L heel fwd, closing L beside R

END OF DANCE.....ENJOY

To finish: As dance finishes facing 6.00 wall, finish dance as follows:
Cross R over L, stepping Toe, Heel, Turn 90degs L, stepping L Toe, Heel,
Cross R over L, stepping Toe, Heel, Turn 90degs L,stepping L Toe, Heel,
Turn 90degs L, stepping L Toe, Heel

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