

Breathe

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Lu Olsen (AUS) & Julie Hearne (AUS) - May 2021
音樂: Breathe (Radio Edit) - Ricki-Lee



#16 count intro Ver: 1

[1 - 8] Fwd/sweep, Cross, Side, Back/sweep, Behind, ¼ fwd, ¼ hinge/side, Recover, ½ hinge/side, ¼ side/sweep, Behind, Side

1, 2 & 3 Step R fwd/sweep L, Step L over R, Step R to Right, Step L back/sweep R, 12.00
4 & 5 Step R behind L, ¼ Left turn & step L fwd, ¼ Left hinge & rock R to Right, 6.00
6 & 7 Replace on L, ½ Right Hinge & step R to Right, ¼ Right turn & step L to Left/sweep R, 3.00
8 & Step R behind L, Step L to Left * 3.00

[9 -16] Fwd/full L spiral, Lock shuffle into ¼ L, Sweep/cross, ¼ Back, ¼ side/drag, Back 45/drag, Back 45/drag, ¼ fwd, ½ back

1, Step R fwd in Full Left spiral turn, 3.00
2 & 3 (Lock shuffle into ¼ L turn)1/8th Left turn & step L fwd, Lock R behind L, 1/8th Left turn & step L fwd, 12.00
4 & 5 Sweep/Cross R over L, ¼ Right turn & step L back, ¼ Right turn & step R to Right/drag L,6.00
6, 7, Step L back at L 45/drag R, Step R back at R45/drag L, (prep turn) 6.00
8 & ¼ Left turn & step L fwd (3.00), ½ Left turn & step R back 9.00

[17 - 24] ½ Fwd, Fwd, ½ fwd, ¼ side, Behind, Side 1/8 fwd/kick fwd, Back, ¼ fwd, Cross, Recover, Side, Fwd

1, ½ Left turn & step L fwd, 3.00
2 & 3 Step R fwd, ½ Left turn & step L fwd, ¼ Left turn & step R to Right, 6.00
4 & 5 Step L behind R, Step R to Right, 1/8th Right turn & step L fwd/low R kick fwd, 7.30
6 & 7& Step R back, ¼ Left turn & step L fwd, (4.30), Rock R over L, Recover onto L, 4.30
8 & ## Straighten to 6.00 & step R to Right, Step L fwd, ## 6.00

[25 - 32] Fwd/drag, Back, ½ fwd, Fwd/drag, ¼ turn back lock shuffle, Back, Recover, ½ back, ¼ side, Fwd

1, 2 & 3 Step R fwd/drag L, Step L back, ½ Right turn & step R fwd, Step L fwd/drag R, 12.00
4 & 5 1/8 Left turn & step R back, Left turn & lock L over R, 1/8th Left turn & step R back 9.00
6 & 7 Rock L back, Step R in place, ½ Right turn & step L back 3.00
8 & ¼ Right turn & step R to Right, Step L fwd 6.00

WALL 3 (12.00) - Dance first 8& counts* (change & count to ¼ Left turn & step L fwd to restart Wall 4 to 12.00

WALL 6 (12.00) - Dance to count 24& ## and restart to 6.00

Ending: WALL 8 (12.00) - Dance to count 31 - change count 32& to ½ Right turn & step R fwd, Step L fwd,.....

To finish to frontAdd ¼ Right turn & step R fwd,(1) Hold (2)

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