Rockin' Rodeo Shuffle

級數: Low Intermediate

拍數: 48 牆數:2 編舞者: Kat Painter (USA) - December 2007 音樂: Loud - Big & Rich

Alternate Music: - Tail on the Tailgate by Neal McCoy; If the Good Die Young by Tracy Lawrence (fast)

NOTE: When using "Loud" by Big and Rich, the dance starts after the artist says "Awwwwyakakakakow." This is 16 counts before the real verse starts. Be aware that there is an extra beat before when counting this dance in, so I suggest counting 5,5,6,7,8. Also, after the coaster step on the last wall, there is one more beat of music. You stomp your right foot forward to finish the dance.

STEP, LOCK, SHUFFLE, STEP, LOCK, SHUFFLE

- Step Rt foot forward, Lock Lt foot behind Rt foot 1-2
- 3&4 Step Rt foot forward, Step Lt foot next to Rt foot, Step Rt foot forward
- 5-6 Step Lt foot forward, Lock Rt foot behind Lt foot
- 7&8 Step Lt foot forward, Step Rt foot next to Lt foot, Step Lt foot forward

JAZZ BOX TOUCH, SIDE, HOLD, TOGETHER, SIDE, HOLD

- Cross Rt foot in front of Lt, Step Lt foot backward, Step Rt foot to Rt side, Touch Lt toe next 1-4 to Rt
- 5-6& Step Lt foot to Lt side (weight on Lt), Hold, Step Rt foot next to Lt foot,
- 7-8 Step Lt foot to Lt side (weight on Lt), Hold

WALK, WALK, ¼ TURN KICK-BALL-CROSS, GRAPEVINE, ¼ TURN

- 1-2 Step forward Rt foot, Step forward Lt foot
- 3&4 1/4 turn Rt (weight on Lt) Kick Rt foot forward (3:00), Step Rt foot slightly backward, Cross Lt foot in front of Rt foot
- 5-8 Step Rt foot to Rt side, Step Lt foot behind Rt foot, Turn ¼ Rt and Step Rt foot forward (6:00), Step Lt foot next to Rt foot

HEEL TOUCHES, HEEL SWIVELS ½ TURN, BODY ROLL

- Touch Rt heel forward, Step Rt foot next to Lt Foot, Touch Lt heel forward, 1&2
- &3&4 Step Lt foot next to Rt foot, Touch Rt heel forward, Step Rt foot next to Lt foot, Touch Lt foot forward (keep weight mostly on Rt)
- Swivel both heels 1/4 to the Lt (9:00), Swivel both heels 1/4 to the Rt (6:00), Swivel both heels 5-8 to the Lt completing ¹/₂ turn to Rt (switch weight to Lt, knees slightly bent)(12:00), Body roll up (weight on Lt)

STOMP, STOMP, BUMPS w/ BRUSHES, STEP, KICK, BACK, CROSS TOUCH

- 1-2 Stomp Rt foot forward, Stomp Lt foot out (feet apart)
- Bump Rt hip to the Rt while brushing both hands on thighs/hips backwards Bump Lt hip to 3-4 the Lt while brushing both hands on thighs/hips forwards

(This should look like you are dusting off your hands on your pants!)

5-8 Step Rt foot forward, Kick Lt foot forward, Step Lt foot back, Cross Rt foot over Lt foot and Touch Rt toe to floor on outside of Lt foot

SHUFFLE, SHUFFLE, SHUFFLE, ½ TURN, COASTER STEP

- Step Rt foot forward, Step Lt foot next to Rt foot, Step Rt foot forward 1&2
- 3&4 Step Lt foot forward, Step Rt foot next to Lt foot, Step Lt foot forward
- 5&6 Step Rt foot forward, Step Lt foot next to Rt foot, Step Rt foot forward
- Turn/rotate 1/2 turn Lt (6:00), Step Lt foot backward, Step Rt foot next to Lt foot, Step Lt foot &7&8 forward





Start Over