

# The Middle

拍數: 64      牆數: 4      級數: Advanced  
編舞者: Hiroko Carlsson (AUS) - May 2021  
音樂: The Middle - Jimmy Eat World : (Spotify)



(Intro: 32 count/Dance starts on lyrics)

## [S1] Side, Together, Side Rock-Together, Fwd, Hold, Step-Pivot 1/2R

1 2            Step R to the side, Step L together  
3 4&          Rock R to the side, Recover weight on L, Step R together  
5 6&          Step forward on L, Hold, Ball step R next to L  
7 8            Step forward on L, Make a ½ turn right recover weight on R (6:00)

## [S2] Fwd, Hold, Ball-Fwd, 2x Step-Pivot 1/2L, Side Rock

1 2&3          Step forward on L (1), Hold (2), Ball step R next to L (&), Step forward on L (3)  
4 5            Step forward on R, Make a ½ turn left recover weight on L (12:00)  
6 7            Step forward on R, Make a ½ turn left recover weight on L (6:00)  
8&            Rock R to the side, Recover weight on L

## [S3] Cross, Hold, &-Behind, Hold, Side-Cross-Side-Behind-Side

1 2&          Cross R over L, Hold, Step L to the side  
3 4&          Step R behind L, Hold, Step L to the side  
5 6 7 8        Cross R over L, Step L to the side, Step R behind L, Step L to the side

## [S4] Cross Rock, 1/4R Shuffle Fwd, 1/2R Shuffle Back, Back Rock

1 2            Rock R across L, Recover/replace weight on L  
3&4          Make a ¼ turn right shuffle forward on R-L-R (9:00)  
5&6          Make a ½ turn right shuffle back on L-R-L (3:00)  
7 8            Rock back on R, Recover weight on L

## [S5] Toe Strut Turn (1 and ¼ Left), Back Rock

1 2 3 4        Make a ¼ turn right toe strut back on R (1 2) (12:00), Make a ½ turn right toe strut forward on L (3 4) (6:00)  
5 6 7 8        Make a ½ turn right toe strut back on R (5 6) (12:00), Rock back on L, Recover weight on R

## [S6] Hitch Turn (1 and ¼ Right), Back Rock

1 2            Make a ¼ turn left stepping back on L, Hitch R knee (3:00)  
3 4            Make a ½ turn left stepping forward on R, Hitch L knee (9:00)  
5 6            Make a ½ turn left stepping back on L, Hitch R knee (3:00)  
7 8            Rock back on R, Recover weight on L

## [S7] Rocking Chair, 1/4R Side Touches R-L

1 2 3 4        Rock forward on R, Recover weight on L, Rock back on R, Recover weight on L  
5 6            Make a ¼ turn left stepping R to the side, Touch L next to R (12:00)  
7 8            Step L to the side, Touch R next to L

## [S8] Fwd Rock, Coaster Step, Step-Pivot 3/4R, Side Rock-Together

1 2            Rock back on R, Recover weight on L  
3&4          Step back on R, Step L next to R, Step forward on R  
5 6            Step forward on L, Make a ¾ turn right recover weight on R (9:00)  
7 8&          Rock L to the side, Recover weight on R, Step L together

Restart on Wall 2 Count 32\*\* (12:00)

Ending suggestion: The dance finishes at 9:00, Make a  $\frac{1}{4}$  turn right to the front.

Please feel free to contact me if you need any further information. ([hirokoclinedancing@gmail.com](mailto:hirokoclinedancing@gmail.com))  
(updated: 12/May/21)

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