

Safari

COPPER KNOB
BY STEPHEN HETS

拍數: 32 牆數: 4 級數: Easy Intermediate
編舞者: Hiroko Carlsson (AUS) - May 2021
音樂: Birds of Prey - Joker Serena-Safari : (2020 Film)



(16 counts intro - Dance starts on lyrics)

Note: Feel free to add some "Bollywood" moves

[S1] Back/Sweep-Back/Sweep, Hip Bumps, Ball-Back/Sweep-Back/Sweep, Hip Bumps, Ball

- 1 2 Step back on R and sweep L around from the front to the back, Step back on L and sweep R around from the front to the side
- 3&4& Point R toe to the side/hip bump to the left, Hip bump to the right, Hip bump to the left, Ball step R close to L
- 5 6 Step back on L and sweep R around from the front to the back, Step back on R and sweep L around from the front to the side
- 7&8& Point L toe to the side/hip bump to the right, Hip bump to the left, Hip bump to the right, Ball step L close to R

[S2] 2x Rocking Chair (1/4R Turn)

- 1 2 Rock forward on R, Recover weight on L - Whilst making a 1/8 turn right
- 3 4 Rock back on R, Recover weight on L (1:30)
- 5 6 Rock forward on R, Recover weight on L - Whilst making a 1/8 turn right
- 7 8 Rock back on R, Recover weight on L (3:00)

[S3] 2x 1/4L Heel Paddle Turn, Heel Mambo, 2x 1/4R Heel Paddle Turn, Heel-Together-Heel

- 1 2 Touch R heel forward making a ¼ turn left on L foot, Touch R heel forward making a ¼ turn left on L foot (9:00)
- 3&4 Rock/touch forward on R heel, Recover weight on L, Step R together
- 5 6 Touch L heel forward making a ¼ turn right on R foot, Touch L heel forward making a ¼ turn right on R foot (3:00)
- 7&8 Touch forward on L heel, Step R together, Touch forward on R heel

[S4] Heel Grind 1/4 Turn-Back Rock, Full Turn, Fwd Rock

- 1 2 Grind R heel slightly cross over L making a ¼ turn right, Step back on L (6:00)
- 3 4 Rock back on R, Recover weight on L
- 5 6 Make a ½ turn left stepping back on R, Make a ½ turn left stepping forward on L
- 7 8 Rock forward on R, Recover weight on L (6:00)

Tag: At the end of Wall 3 (6:00) and Wall 7 (6:00) - Reverse Rocking Chair

Rock back on R (1), Recover weight on L (2), Rock forward on R (3), Recover weight on L (4)

Ending suggestion: The last wall finishes at 6:00, Make a ½ turn right stepping forward on R to the front.

Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
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