

Resilient

拍數: 64 牆數: 2 級數: Improver
編舞者: Annemarie Dunn (USA) - May 2021
音樂: Resilient (feat. Aitana) (Tiësto Remix) - Katy Perry & Tiësto



START Immediately on lyric "I know" no intro count in
RESTART after 16cts on WALL 3

S1 [1-8]: WIZARDS, SLIDE-TOUCHES

1&2, 3&4 R fwd diagonal - L behind R - recover weight on R, L fwd diagonal - R behind L - recover weight on L
5-6, 7-8 R fwd diagonal big step - drag L in for touch nxt to R, L fwd diagonal big step - drag R in for touch nxt to L

S2 [9-16]: ROCK-STEP SWITCHES, STOMP-SWIVEL

1-2&, 3-4& R side step - recover weight on L - R step nxt to L, L side step - recover weight on R - L step nxt to RL
5-6, 7&8 R fwd - recover weight on L, R stomp - swivel heels to R - heels L back to ctr

***RESTART WALL 3

S3 [17-24]: ½ R MONTEREY TURN, STEP-PUSHES

1-2, 3-4 R side point - ½ R turn R step nxt to L, L side point - L step nxt to R (6:00)
5-6 R fwd step on ball - lower weight onto R heel as you push L back
7-8 L fwd step on ball - Lower weight onto L heel as you push R back

S4 [25-32]: KICK & SIDE POINTS, ROCK-STEP, 1 ½ R TRIPLE STEP TURN (OPT ½ R TURN)

1&2, 3&4 R fwd kick - R step nxt to L - L side point, L fwd kick - L step nxt to R - R side point
5-6, 7&8 R fwd step - recover weight on L, 1 ½ (**opt ½) R turn on triple step (R-L-R) (12:00)

S5 [33-40]: ROCK-KICK, ½ L TURNING TRIPLE, STEP - ½ L TURN KICK, COASTER

1-2, 3&4 L fwd - recover weight on R w/ L kick, ½ L turning triple (L-R-L) (6:00)
5-6, 7&8 R fwd - rotate weight ½ L turn on R w/ L kick, L back - R nxt to L - L fwd (12:00)

S6 [41-48]: SKATE STEPS, R SIDE SHUFFLE, SKATE STEPS, L SIDE SHUFFLE

1-2, 3&4 R side/diagonal step - L side/diagonal step (w/ bent knees), R-L-R facing diagonal
5-6, 7&8 L side/diagonal step - R side/diagonal step (w/ knees bent), L-R-L facing diagonal

S7 [49-56]: REPEAT 9-16

S8 [57-64]: REPEAT 17-24 (6:00)

Dance Created 4/21/2021 Stepsheet created by Annemarie Dunn